

Feng Zhong De Cheng Nuo (风中的承诺)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Mei Xiang (MY) - April 2025
音樂: 风中的承诺 (remix) 小阿枫 (剪辑缩短版 - 附有歌词)



Intro : 42 counts

Restart at wall 4 facing 9:00 after 16 counts

Section 1: Slide , Behind Side Cross, Side, ¼L Sailor, Walk ,Walk , Pivot ½ turn, Fwd

- 1 2&3 Slide RF to R (1), Cross LF behind R (2), step RF to R side (&), cross L F over R (3)
4 5&6 Step RF to R side (4) ¼ L Cross LF behind R (5), step RF next to L (&),stepping fwd on LF (6) (6:00)
7 8&1 Walk fwd on RF (7), Walk Fwd on LF(8) ½ turn Right (&) step LF fwd (1) (12:00)

Section 2 : Samba Step (R&L) Rocking Chair & Rock fwd, Recover.

- 2&3 4&5 Cross RF over L(2), rock LF to L (&), recover weight on to R(3) ,Cross LF over R(4) rock RF to R(&), recover weight on to L(5)
6&7&8& Rock RF fwd(6), recover weight back onto L(&), rock RF back(7), recover weight fwd onto L(&),Rock RF fwd(8), recover weight back onto L(&),

Restart here at wall 4 facing 9:00

Section 3 : Basic Nightclub, Nightclub ¼ R, Cross Shuffle (R & L)

- 1-2& 3-4& Step RF to R side (1), rock LF behind RF (2), recover weight on RF slightly crossing over LF (&) , Step LF to L side (3), ¼ Right rock RF behind LF (4), (3:00) step LF fwd (&)
5&6 7&8 Cross RF over LF (5) Step LF to L side (&), Cross RF over LF (6), Cross LF over RF (7) Step RF to R side (&), Cross LF over RF (8)

Section 4: ¼ R Jazz box ,Fwd Shuffle, Rock Recover, Coaster Cross.

- 1&2& Cross RF over LF(1), Step LF back(&), ¼ Right Step RF Fwd (2) (6:00) Step LF Fwd (&)
3&4 step fwd R(3), step LF next to R(&), step fwd R(4)
5-6 7&8 Rock fwd LF(5), replace weight R(6) , step back L(7), step R next to L(&) Cross LF over R (8)

Start again 2nd wall at 9:00

Happy dancing

Last Update: 21 Apr 2025