# The Haka Vibe



編舞者: Alice Price (UK) - April 2025

音樂: Oute Alofa Pea Mo Oe - Tasi Maligi



#### 4 count intro

## Section one: walk, walk, mambo, walk, walk coaster

1,2,3,&,4 walk L, walk R, (exaggerated Mambo) rock forward on LF and flick RF up behind, recover

onto R, LF next to RF

5,6,7,&,8 walk back onto RF, walk back onto LF, step back onto RF, LF next to RF, touch RF forward

### Section two: side-step right, clap, clap, clap, shuffle left, shuffle right

1,2,3,&,4, step RF to right, LF next to right, clap once with arms pointing to the floor to the left, clap

hands twice above right shoulder

5,&,6,7,&,8 while doing fist drumming movements shuffle diagonally left, shuffle diagonally right

#### Section 3: rock recover, shuffle half, v step

1,2,3,&,4 rock onto LF forward, recover onto RF, shuffle 1/2 turn left

5,6,7,8 V step R, L, R, L with hands on thighs

## Section 4: rock, recover, shuffle half, heel stomps

1,2,3,&,4 rock RF forward (whilst swinging your right arm across the front of your body to the left with

clenched fist and flicking up your left leg up behind), recover onto LF, shuffle 1/2 turn R

5,&,6,7,&,8 with hands on thighs stomp LF forward diagonally, lift left heel, lower L heel, stomp RF

diagonally to right, lift right heel, lower right heel

## No restarts No tags

Dance with exagerrated movements. Enjoy!