Good Enough



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Wiwik Katarina (INA) - March 2025

音樂: Hold Me While You Wait - Lewis Capaldi



Intro: 8c

There are 2 Restarts & 1 Tag in this dance

SIDE ROCK, RECOVER, BEHIND, HITCH, BEHIND, 1/4 R, CROSS, 7/8 R SPIRAL

1 - 4 Rock Rf to side (1), Recover on Lf (2), Rf Behind (3), Hitch L knee out (4)

5 - 8 Lf Behind (5), ¼ R fwd facing 3:00 (6), Cross Lf in front Rf (7), Make 7/8 R spiral to R weight

on Lf facing 1:30 (8)

Restart here on wall 6 facing 12:00

WALK R - L, FWD PUSH, BACK SLIDE, BACK L R, TOUCH BACK, STEP IN PLACE

1 - 4 Step Rf fwd facing 1:30 (1), Fwd L (2), Push Rf fwd bending R knee (3), Slide L toe back weight on R move your arms open to both side then end with hugging in front your chest (4)

5 - 8 Back Lf (5), Back Rf (6), Touch Lf back (7), Step Lf in place (8)

Step change here during wall 3 with Turn 3/8 L in place facing 3:00 (8) and Restart

½ R, 1/8 R SWEEP, ½ R, SWEEP, CROSS BEHIND, SIDE ROCK, RECOVER, CROSS BEHIND

1 - 4 1/2 R fwd facing 7:30 (1), Sweep Lf 1/8 to R from back to front facing 9:00 (2), ½ R step Lf

back facing 3:00(3), Sweep Rf from front to back weight on Lf (4)

5 - 8 Cross Rf behind Lf (5), Rock Lf to side (6), Recover on Rf (7), Cross Lf behind Rf (8)

SIDE, POINT, 1/4 L, FULL TURN, 1/4 L PIVOT, TOUCH

1 2 3 Rf side (1), Point Lf to side (2), ¼ L fwd facing 12:00 (3)

4 5 ½ L step Rf back facing 6:00 (4), ½ L fwd facing 12:00 (5)

6 7 8 Rf fwd (6), ¼ L in place facing 9:00(7), Touch R beside Lf (8)

#TAG (4 C) After Wall 4

1 - 4 Rf big step to side bend R knee, raise your R arm up and straighten L arm fwd while dragging

Lf toward Rf (1,2,3), Finish it with stepping Lf beside Rf (4)

Enjoy the dance

Contact: suwiksuwik3@gmail.com