A Bird Flew Over The Cuckoo's Nest (뻐꾸기 둥지위로 날아간 새)



編舞者: Kyeonghee Do (KOR) - August 2024

音樂: One Flew Over the Cuckoo's Nest (뻐꾸기 둥지위로 날아간 새) - Mr. Pang (미스

터 팡)



#Intro: (16)+32C

#Tag: 4C, After 5wall(9:00)

*The step sheet is for a cover work of 'One Night Only' by Mathew Sinyard (UK) – February 2020, set to the music of A bird flew over the cuckoo's nest

S1] OVERVINE TOUCH (R L)

1-2	Cross RF over LF, Step LF to L side
3-4	Cross RF behind LF, Touch LF on L side
5-6	Cross LF over RF, Step RF to R side
7-8	Cross LF behind RF, Touch RF on R side

S2] CROSS TOUCH (R L), JAZZ BOX1/4R

1-2	Cross RF over LF, Touch LF on L side
3-4	Cross LF over RF, Touch RF on R side
5-6	Cross Step RF over LF, Step LF to back

7-8 Turn1/4R Step RF to R side (3:00), Cross LF over RF

S3] TOE STRUT, ROCK BACK (R L)

1-2	Touch RF to R Fwd diagonal, Drop RF heel
3-4	Rock LF behind RF, Recover on RF
5-6	Touch LF to L Fwd diagonal, Drop LF heel
7-8	Rock RF behind LF. Recover on LF

S4] ROCKING CHAIR, WALK1/2L

1-2	Rock RF on Fwd, Recover on LF
3-4	Rock RF on back, Recover on LF
5-6	WALK1/4L (R L) (12:00)
7-8	WALK1/4L (R L) (9:00)

TAG] FREE STYLE

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Last Update - 21 Apr. 2025 - R1