

Bring It All

COPPER KNOB
STEPPERS

拍數: 80 牆數: 2 級數: Phrased Intermediate
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音樂: Bring It All Back - S Club 7



Sequence: A (16) B A B (16) restart B A B A A A ending
1 restart

PART A (32 counts)

S1 STEP R&L, TWIST, JUMP IN, SYNCOPATHED V STEP, CLOSE RF & LF WITH JUMP IN

- 1 2 Step RF to R while push R arm forward, Step LF in place while push L arm forward
- 3 4 Twist R heel to R and twist L toe to R at the same time, Jump in
- 5 & 6 & Step RF to diagonal R, Step LF to diagonal L, Step RF back to center, Step LF close to RF
- 7 & 8 Step RF to R, Step LF to L, Jump in with clap hands on top of head

S2 SKATE, STEP FORWARD, CLOSE FOOT, STEP DIAGONAL BACKWARD R&L

- 1 2 Skate RF to R, skate LF to L
- 3 4 Step RF forward, close LF next to RF
- 5 6 Step RF to R diagonal backward, close LF beside RF
- 7 8 Step LF to L diagonal backward, close RF beside LF

S3 MONTEREY ¼, JAZZBOX ENDING WITH CHASSE

- 1 2 Touch RF to R, ¼ R turn close RF beside LF
- 3 4 Touch LF to L, close LF beside RF
- 5 6 Cross RF over LF, step LF backward
- 7 & 8 Step RF to R, close LF beside RF, Step RF to R

S4 JAZZBOX ¼ L TURN ENDING WITH CHASSE, PIVOT ½, FULL TURN

- 1 2 Cross LF over RF, turn ¼ L step RF backward
- 3 & 4 Step LF to L, close RF beside LF, Step LF to L
- 5 6 Step RF forward, turn ½ L transfer weight to LF
- 7 8 Turn 1/2L step RF back, turn ½ L step LF forward

EZ option count 7 - 8, Step Forward RL

- 7 8 Step RF forward, Step LF forward

PART B (48 counts)

S1 WALK R & L, KICK BALL CHANGE

- 1 2 Step RF forward, Step LF forward
- 3 & 4 Kick RF forward, close RF beside LF, touch LF to L
- 5 6 Step LF forward, Step RF forward
- 7 & 8 Kick LF forward, close LF beside RF, touch RF to R

S2 SYNCHOPATED JAZZBOX, CROSS-BACK ¼ TURN-FORWARD ¼ TURN-CLOSE

- 1 & 2 Cross RF over LF, Step LF backward, Step RF to R diagonal backward
- 3 & 4 Cross LF over RF, Step RF backward, Step LF to L diagonal backward
- 5 6 Cross RF over LF, Step LF backward turn ¼ R
- 7 8 Step RF forward turn ¼ R, Step LF beside RF

S3 VAUDEVILLE, CROSS SHUFFLE, ROCK STEP, BACKWARD TOUCH, ½ R TURN

- 1 & 2 & Cross RF over LF, step LF to L, touch R heel, step RF in place
- 3 & 4 Cross LF over RF, slightly step RF to R, cross LF over RF
- 5 6 Step RF to R, recover on LF with ¼ R turn
- 7 8 Touch RF backward, turn ½ R weight on RF

S4 SYNCHOPATED ROCK STEP L, WALK RLR, KICK, BACKWARD TOUCH, ½ L TURN

- 1 2 Step LF forward, recover on RF
- &3 4 Step LF beside RF, step RF forward, step LF forward
- 5 6 Step RF forward, kick LF forward
- 7 8 Touch LF backward, turn ½ L weight on LF

S5 HEEL TOUCH R & L, STEP, HEEL TWIST, STEP BACKWARD, BENDING KNEE, RECOVER, CLOSE

- 1 & 2& Touch R heel forward, close RF together with LF, touch L heel forward, close LF together with RF
- 3 & 4 Step RF forward, twist both heel out-in
- 5 6 Step RF backward, bending knee with head look backward
- 7 8 Recover on LF, close RF together with LF

S6 CROSS TOUCH, SIDE TOUCH, SAILOR STEP, CROSS-RECOVER-BACK WITH JUMP, BACK-SIDE-FORWARD WITH ¼ R TURN AND JUMP

- 1 2 Cross touch LF over RF, touch LF to L
- 3 & 4 Step LF backward, close RF to LF, step LF to L
- 5 & 6 Jump cross RF over LF, jump recover on LF, jump RF backward
- 7 & 8 Jump LF backward, jump RF to R with ¼ R turn, jump LF forward

Alternatives: The last four counts in this section can be done with steps instead of jumps. You can choose which one suits you better ☐

ENDING: After finishing Part A with full turn, give your best pose

Enjoy the dance ☐

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Last Update: 6 Jun 2025
