

Rollin' With The Flow

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Larry Bass (USA) - April 2025
音樂: Rollin' With the Flow - Charlie Rich



[Start after 16 counts on the word "Head"]

SIDE, BEHIND, BACK, HEEL, BACK, CROSS; HINGE ½ TURN, CROSS, SIDE CROSS

- 1-2 Step R to right; Step L behind R
- &3 Step R slightly back, Touch L heel to left diagonal
- &4 Step L slightly back, Step R across L
- 5-6 Make a ¼ turn right & step L back (3:00); Make a ¼ turn right & step R to right (6:00)
- 7&8 Step L across R, Step R to right, Step L across R

STEP SIDE, TOUCH & TOUCH & TOUCH; FULL LEFT ROLL, SIDE, TOGETHER, SIDE

- 1-2 Step R to right; Touch L beside R
- &3 Step L to left, Touch R beside L
- &4 Step R to right, Touch L beside R
- 5-6 Make a ¼ turn left & step L forward (3:00); Make a ½ turn left & step R back (9:00)
- 7&8 Make a ¼ turn left & step L to left (6:00), Step R beside L, Step L to left

CROSS, BACK & CROSS, SIDE, CROSS; BACKWARD ROLL, ½ TURN TRIPLE STEP

- 1-2& Step R across L; Step L back, Make a 1/8 turn right & step R slightly back (7:30)
- 3&4 (Facing 7:30) Step L across R, Step R to right, Step L across R
- 5-6 (Start backward roll) Make a 1&8 turn left & step R back (6:00); Make a ½ turn left & step L forward (12:00)
- 7&8 Make a ½ turn left & triple step R, L, R (6:00)

ROCK STEP BACK, FORWARD TRIPLE STEP; SIDE TOUCHES, JAZZ BOX ¼ TURN

- 1-2 Rock L back, Recover forward to R
- 3&4 Triple step forward L, R, L
- 5& Touch R to right, Step R beside L
- 6& Touch L to left, Step L beside R
- 7& Step R across L, Step L back
- 8& Make a ¼ turn right & step R to right (9:00), Step L across R

Begin Again

Tag: Wall 5 facing 12:00, there is an 8 count tag

SIDE, BEHIND, BACK, HEEL, BACK, CROSS; SIDE, BEHIND, BACK, HEEL, BACK, CROSS

- 1-2 Step R to right; Step L behind R
- &3 Step R slightly back, Touch L heel to left diagonal
- &4 Step L slightly back, Step R across L
- 5-6 Step L to left; Step R behind L
- &7 Step L slightly back, Touch R heel to right diagonal
- &8 Step R slightly back, Step L across R

Begin Again