Breaking Bad



編舞者: Keri Lyn Morgan (CAN) - April 2025

音樂: Breaking Bad - Kelsi Mayne



START OF DANCE: (16 Count Introduction)

1,2 &	Step RF crossing diagonally forward to L, recover on LF, hop onto RF
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3, 4 Step LF diagonally forward to R, point RF to R side

5 & 6 Step forward RF, bring LF in to quickly meet RF (close your LF to RF), transfer weight to RF

and rock forward

7 & 8 Step forward LF, bring RF in to quickly meet LF (close RF to LF while making a ¼ turn right),

cross LF over RF stepping weight onto LF

[9-16] STEP DRAG, ROCK STEP, STEP DRAG, ROCK STEP 1/4 TURN RIGHT, PIVOT TURN, FULL TURN

1, 2 &	Big Step RF to side drag LF to RF, step LF behind RF, step RF diagonally forward to L
3, 4 &	Big Step LF to side drag RF to LF, step RF behind LF making a ¼ turn R, step LF forward
5, 6	Step RF forward, ½ turn over L shoulder while transferring weight to LF
7 & 8	Step RF, Step LF, Step RF (Full turn over L shoulder)

[17-24] SAILOR STEP 1/4 TURN LEFT, HEEL & HEEL, CROSS & HEEL JACK, CROSS STEP 1/2 TURN LEFT

1 & 2	Step LF behind RF making ¼ turn L, step RF to right side, step LF to L side
3 & 4 &	Touch R heel forward, step RF to LF, touch L heel forward, step LF to R
5 & 6 &	Step RF crossing over LF, step LF to side, touch RF heel diagonal out to R, step RF to LF
7 & 8	Step LF crossing over RF, step RF to side, step LF making ½ turn over L shoulder

[25-32] STEP HOP/CLAP, STEP HOP/CLAP, STEP ¼ TURN LEFT WITH HIP BUMP RIGHT, HIP BUMP LEFT, HIP BUMP RIGHT/HEEL FLICK ¼ TURN LEFT, STEP LOCK STEP, STEP LOCK STEP, STEP

Step RF left knee up with hop/clap, Step LF right knee up with hop/clap
Step RF to R side ¼ turn L with hip bump R, transfer weight to LF hip bump, transfer weight
to RF hip bump & LF heel flick with a ¼ turn L
Step LF, lock RF behind LF, step LF,
Step RF, lock LF behind RF, step RF, step LF

BRIDGE: JUMP, PIVOT TURN WITH ½ MOON C CIRCLE, TOUCH RIGHT with 2 C HIP BUMPS, REVERSE RUMBA BOX

& 1, 2, 3, 4 Hop on LF, RF Step RF forward, ½ turn over L shoulder, transfer weight to LF

5 & 6 & 7 & 8 & Bring RF forward to touch beside LF with R Hip up to R, L Hip to L side, R Hip down to R, L hip to L side (Repeat Hip Bumps)

1 & 2, 3 & 4 Step RF to R side, step LF beside RF, step RF back, step LF to L side, step RF to LF, step LF forward

*16+TAG: The tag is just one "&" count (jump onto LF to transfer weight)

*18 + TAG : End of Dance

Arms – HAT TILT - chin down, right hand on head Feet - ½ PIVOT TURN, HIP BUMP SIT (to face front)

Step RF forward, ½ turn over L shoulder, transfer weight to RF and "sit" with hip bump R

ALL TAGS/RESTARTS ARE VERY EASY TO HEAR IN THE MUSIC

~32, 16 (+ TAG), 32, 20 RESTART, 32, 16 (+TAG), 32, 20 RESTART, BRIDGE (12), 32, 18 + (TAG)