

# Moments We Live For

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Winslow Dancers (CAN) - April 2025  
音樂: Moments We Live For - In Paradise



Intro - 32 counts  
No Tags, No restarts.

## [1-8] SIDE, BEHIND, KICK, BALL, CROSS, R ¼ TURN, R ½ TURN, SHUFFLE R ½ TURN.

1-2            R foot to the right side, Cross L foot behind R foot;  
3&4           Kick R into R diagonal, step R beside L, cross L over R;  
5-6           ¼ turn R stepping R fwd (3:00) , ½ turn R stepping L back (9:00);  
7&8           ½ turn R stepping R fwd, step L beside R, step R fwd (3:00).

## [9-16] R ½ BALL, HEEL, HOLD, BALL, R ¼ TURN POINT L, HOLD, R ¼ TURN BALL, ROCK FWD, SHUFFLE R ½ TURN.

&1-2           Turn ½ R stepping L back, R heel fwd, hold (9:00);  
&3-4           Turn ¼ R stepping R beside L, point L to L, hold (12:00);  
&5-6           Turn ¼ R stepping L beside R, rock step R fwd, recover on L (3:00);  
7&8           Turn ½ R stepping R fwd, step L beside R, step R fwd (9:00).

## [17-24] R ¼ TURN L HITCH, SLIDE, DRAG, BEHIND, SIDE, CROSS & R ½ TURN SLIDE, L ¼ TURN HITCH, SHUFFLE FWD.

&1-2           Turn ¼ R hitch L, long step L to L, drag R close to L (12:00);  
3&4           Cross R behind L, step L to L, Cross R over L;  
&5-6           Turn ¼ R stepping L back, turn ¼ R long step R to R (6:00), drag L and Hitch L in ¼ turn L (3:00);  
7&8           Step L fwd, step R next to L, step L fwd.

## [25-32] STEP, BOTH HEEL FAN , BALL, ROCK STEP, BALL, STEP, BOTH HEEL FAN, BALL, STEP PIVOT ½ .

1&2           Step R slightly in diagonal, twist both heel to R, twist both heel to center;  
&3-4           Step R next to L, rock L fwd, Recover on R;  
&5&6           Step L next to R, step R slightly in diagonal, twist both heel to R, twist both heel to center;  
&7-8           Step R next to L, step L fwd, pivot ½ turn R while recovering weight on R (9:00).

## [33-40] SHUFFLE ½ R, SHUFFLE BACK, SHUFFLE ½ L, STEP PIVOT ½ .

1&2           Turn ½ R stepping L back, step R beside L, step L back (3:00);  
3&4           Step R back, step L beside R, step R back;  
5&6           Turn ½ L stepping L fwd, step R beside L, step L fwd (9:00);  
7-8           Step R fwd, pivot ½ L turn recovering weight on L (3:00).

## [41-48] OUT, OUT, SAILOR STEP, SAILOR STEP ¼ L, STEP PIVOT ½ .

1-2           Step R in R diagonal, step L in L diagonal;  
3&4           Step R behind L, step L beside R, step R to R;  
5&6           Step L behind R, turn ¼ L stepping R beside L, step L in L diagonal (12:00);  
7-8           Step R fwd, Pivot ½ L recovering weight on L (6:00).