

Like Adam and Eve (SOLO) / 아담과 이브처럼

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Low Improver
編舞者: Sarah Choi (KOR) - April 2025
音樂: Like Adam and Eve (아담과 이브처럼) (Solo) - Na Hoon-A (나훈아)



** Thank you to Lim Jung Hee Member for recommending music

Intro : 24

No Restart & 1 Tag

Sec 1 : RUMBA BOX SHUFFLE

1 2 Step RF side R(1), Step LF beside RF(2),
3 & 4 Step RF Fwd (3), Step LF beside RF (&), Step RF Fwd(4)),
5 6 Step LF side L (5), Step RF beside LF(6),
7 & 8 Step LF Back(7), Step RF beside LF(&), Step LF Back(8))

Sec 2 : ROCK SIDE, RECOVER, ¼ SAILOR STEP, SHUFFLE FWD, ½ PIVOT L,

1 2 Step RF rock side LF(1), Recover LF(2),
3 & 4 Turn ¼ R Step RF behind LF(3), Step LF beside RF(&), Step RF Fwd(4),
5 & 6 Step LF Fwd(5), Step RF beside LF(&), Step LF Fwd(6),
7 8 Step RF Fwd(7), Pivot ½ L (weight to L)(8),

Sec 3 : ROCK FWD, RECOVER, TOGETHER, FWD, RECOVER, WALK, WALK , COASTER STEP,

1 2 & Step RF rock Fwd (1), Recover LF(2), Step RF beside LF(&),
3 4 Step LF Fwd(3), Recover RF (4),
5 6 Walk LF Back(5), Walk RF Back(6),
7 & 8 Step LF Back (7), Step RF beside LF(&), Step LF Fwd(8),

Sec 4 : SIDE, TOUCH, SIDE SUFFLE L, SYNCOPATED JAZZBOX, TOUCH,

1 2 Step RF side R (1), Touch LF beside RF(2),
3 & 4 Step LF side L (3), Step RF beside LF (&), Step LF side L (4),
5 6 & Step cross RF over LF(5), Step LF Back (6), Step RF side R(&),
7 8 Step LF Fwd(7), Touch RF beside LF(8),

* Tag : After Wall 4 (12:00)

[1-8] DOROTHY STEP x 2, 1/8 TURN R ROCK FWD, RECOVER, ½ TURN R , ½ TURN R,

1 2 & Step RF Fwd to R Diagonal(1), Lock LF behind RF(2), Step Fwd on RF(&),
3 4 & Step LF Fwd to L Diagonal(1), Lock RF behind LF(2), Step Fwd on LF(&),
5 6 1/8 Turn R Step RF rock Fwd(5), Recover LF(6),
7 8 ½ Turn R Step Rf Fwd (7), ½ Turn R Step LF Back (8),

[9-16] PONY BACK x 2, ROCK BACK, RECOVER, WALK, WALK,

1 & 2 Step Back on RF Hitch up LF knee(1), Close LF beside RF(&), Step Back on RF Hitch up LF knee (2),
3 & 4 Step Back on LF Hitch up RF knee(3), Close RF beside LF(&), Step Back on LF Hitch up RF knee (4),
5 6 Step RF rock back(5), Recover LF(6),
7 8 Walk Rf Fwd (7), Walk Rf Fwd (8),

[17-24] MAMBO, TOGETHER, ROCK BACK, RECOVER, SLIDE L, DRAG, HIP BUMPS 2x,

1 & 2 Step RF Fwd(1), Recover LF(&), Step RF beside LF(2),

3 4 Step RF rock Back(3), Recover RF(4),
5 6 & Big Step LF side L(5), Collect RF towards LF(6), Lift hip to L(&),
7 & 8 Bump Hip to R(7), Lift Hip to L(&), Bump Hip to R (8),

HAVE A GREAT DANCE TIME !!!

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