

Watch Out for This

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Improver
編舞者: Nathalie LATERRIERE (FR) - April 2025
音樂: Watch Out For This (Bumaye) (feat. Busy Signal, The Flexican & FS Green) - Major Lazer



Start : 32 counts

S1: STEP FWD R, HOLD, STEP TOG L , FWD R, HEELS SWIVELS, BALL STEP R, CROSS L SIDE R, SWAY L/R

- 1-2 Step forward onto RF , Hold
- &3&4 Step LF next to RF, Step forward onto RF, taking weight on both balls swivel both heels to R , swivel heels back to centre
- &5-6 Step ball of RF next to LF, step LF across RF, step RF to R side
- 7-8 Step LF to L swaying hips to L, recover onto RF swaying hips to R (bend your knees)

S2 : SIDE, CROSS, SIDE CROSS SIDE, FWD R, ½ T L, PRESS R, HIP ROLL

- 1-2 Step LF to L, step RF across LF
- 3&4 Step LF to L, step RF across LF, step LF to L
- 5-6 Step forward onto RF, turn ½ T L (6:00)
- 7-8 Step forward on ball on RF and start rolling your hip from L to R, end your hip roll (end weight on LF)

S3 : CROSS SAMBA R, CROSS SAMBA ¼ T L, BACK PONY STEPS R/L

- 1&2 Step RF across LF, Rock LF to L side , recover onto RF
- 3&4 Step LF across RF, ¼ T L rocking RF to R side, recover onto LF on L side (3 :00)
- 5&6 Step back onto RF hitching L knee, step down LF next to RF, step back onto RF hitching L knee
- 7&8 Step back onto LF hitching R knee, step down RF next to LF, Step back onto LF hitching R knee

S4 : MODIFIED RUMBA BOX FORWARD R , CHASSE L, SAILOR R, BEHIND TOUCH, ½ T L

- 1&2 Step RF to R side, step LF next to RF , step forward onto RF
- 3&4 Step LF to L, step RF next to LF, step LF to L
- 5&6 Step RF behind LF, step LF to L, step RF to R
- 7-8 Touch ball of LF behind RF, turn ½ T L (9:00) (end weight on LF)

TAG (2 Counts) : On the word “ BUMAYE” at the end of walls 3 (3:00) & 9 (9:00):QUICK SHOULDER ROLL

- 1-2 Roll your R shoulder quickly from front to back over 2 counts

End of the dance (end of wall 13): At the last section on count 8 , replace ½ T L by a ¼ T L to end facing 12:00.