She's Nothing But A Good Time

級數: High Beginner

編舞者: Gwen Forbes (USA) - April 2025

拍數: 32

音樂: She's Nothing But A Good Time - Kilotile

#16 count intro, 2 easy restarts	
[1-8] R rock recover, step, L rock recover, Step, Point x 2	
12&	Rock R out to right side, recover to L, step R next to L
34	Rock L out to left side, recover to R
5-8	Step L forward, point R to right side, Step R forward, point L to left side (12)
[9-16] L rock recover, L Triple back, R back rock recover , R Triple forward	
12	Rock forward onto L, recover back to R
3&4	Step L back, step R back beside L, step L back.
56	Rock back onto R, recover forward to L
7&8	Step R forward, step L beside R, step R forward (12)
[17-24] L step ¼ turn, L crossing Triple, R side rock recover, R back rock recover	
12	Step L forward, turn ¼ to right, weight on R (3:00)
3&4	Cross step L over R, step R to right side, cross step L over R
****restarts here on wall 4 & 7*****	
5-8	Rock R to right side, recover to L, rock R back, recover to L (3:00)
[25-32] ¼ Montrey x 2	
1-4	Touch R to right side, ¼ to right, step on R, touch L to left side, step on L (6:00)
5-8	Touch R to right side, 1/4 to right, step on R, touch L to left side, step on L (9:00)

**2 easy restarts on Walls 4 & 7 after 20 counts: wall 4 starts facing 3:00, restart at 6:00, wall 7 starts facing 12:00, restart at 3:00. It's easy to hear in the music.

Dance from the Heart with Joy!!!!

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牆數:4