

No Fear

拍數: 32 牆數: 4 級數: Beginner
編舞者: Mary Pentangelo (USA) - April 2025
音樂: No Fear - Jon Reddick



#32-count intro

*Optional intro steps – 3 beats and start

1-4 RF stomp, clap, LF stomp, clap
5-8 freestyle movement

Repeat 4x

[1-8] RF Heel Digs Fwd 2x, RF Step Lock Step Brush

1-4 RF heel tap fwd, raise and heel tap again, raise
5-8 RF step fwd, LF step/lock behind RF, RF step fwd, LF brush

[9-16] LF Heel Digs Fwd 2x, LF Step Lock Step Brush

1-4 LF heel tap fwd, raise and heel tap again, raise
5-8 LF step fwd, RF step/lock behind RF, LF step fwd, RF brush

[17-24] R&L Stomp Claps, RF Mambo

1-4 RF stomp, clap, LF stomp, clap
5-8 RF rock fwd, recover on LF, RF replace back, hold ct 4

[25-32] RF Starts Reverse Box

1-4 RF step side, LF tap next to RF, LF step side with ¼ turn over LT shoulder, RF tap next to LF
5-6 RF step side with ¼ turn over LT shoulder, LF tap next to RF
7-8 LT step side with ¼ turn over LT shoulder, RF tap next to LF

Restart the dance □

TAG – Happens 2x – After Wall 2 & After Wall 13

[1-8] RF Step Side with Drag, LF Rock Recover RF, LF Step Side with Drag, RF Rock Recover LF

1-4 RF step side, drag LF to RF into a rock back and recover LF
5-8 LF step side, drag RF to LF into a rock back recover RF

[16-32] RF Step Fwd Diagonal Tap, LF Step Fwd Diagonal Tap, Walk Back with Head Flick Down & Up

1-4 RF step fwd on diagonal, LF tap next to RF, LF step fwd on diagonal, RF tap next to LF
5-8 Walk back R, L, R – when you come back with LF, drop your head and pop it up as you restart the dance □

Thank you for checking out my dance!
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Last Update: 26 Apr 2025