

Sisterhood, Lookin' Good

COPPER KNOB
STEPPERS

拍數: 104 牆數: 4 級數: Phrased Improver
編舞者: Chelsea Gillum (AUS) & Kylie Cotterell (AUS) - April 2025
音樂: Lipstick & Boots - Sandee Facy



PART A – Always starts facing 12 o'clock and 6 o'clock (Versus of the Song)

TOE STRUTS X 4 MOVING F'WD (R-L-R-L)

- 1 - 4 Step forward on R toe, drop heel taking weight (1,2) Step forward on L toe, drop heel taking weight (3,4)
5 - 8 Step forward on R toe, drop heel taking weight (5,6) Step forward on L toe, drop heel taking weight (7,8)

RIGHT SIDE SHUFFLE, ROCK BACK, RECOVER, STEP FLICK, STEP HEEL

- 1 & 2 Step R to R side (1), Step L next to R (&), Step R to R side (2)
3, 4 Rock L foot behind R (3), Recover weight to R foot (4),
5, 6 Step L to L side (5), Flick R foot behind L (6),
7,8,& Step R down (7), Tap L heel (8), Take weight L (&)

RIGHT STEP, SWIVEL HEELS, STEP BACK & KICK X 2, RIGHT COASTER

- 1 & 2 Step R forward (1), Swivel both heels to corner right (&), Swivel both heels back to centre (2)
3, 4 R step back (3), Kick L forward (4)
5, 6 L step back (5), Kick R forward (6)
7 & 8 Step R back (7), Step L next to R (&), Step R forward (8)

JUMP FWD & CLAP, JUMP BACK & CLAP, RIGHT SIDE ROCK, RECOVER, BEHIND SIDE CROSS

- 1 & 2 Jump forward – L foot first (1), R foot (&), clap (2)
3 & 4 Jump backward – R foot first (3), L foot (&), clap (4)
5, 6 R side rock (5), Recover weight L (6)
7 & 8 Step R behind L (7), Step L to L side (&), Step R across L (8)

LEFT SIDE ROCK, RECOVER, BEHIND SIDE CROSS, JAZZ BOX ¼ RIGHT

- 1, 2 L side rock (1), Recover weight R (2)
3 & 4 Step L behind R (3), Step R to R side (&), Step L slightly in front of R (4)
5- 8 Step R across L (5), Step L back starting to make ¼ turn right (6), Step R to R side (7), Step L next to R (8)

JAZZ BOX, RIGHT TOE POINT SIDE, FRONT, SIDE, FLICK

- 1- 4 Step R across L (1), Step L back (2), Step R to R side (3), Step L next to R (4)
5- 8 Point R toe to R side (5), Point R toe in front (6), Point R toe to R side (7), Flick R foot behind L (8)

PART B – Always starts facing 3 o'clock and 9 o'clock (Chorus of the Song)

TOE STRUTS X 4 MOVING F'WD (R-L-R-L)

- 1 - 4 Step forward on R toe, drop heel taking weight (1,2) Step forward on L toe, drop heel taking weight (3,4)
5 - 8 Step forward on R toe, drop heel taking weight (5,6) Step forward on L toe, drop heel taking weight (7,8)

RIGHT SIDE SHUFFLE, ROCK BACK, RECOVER, STEP FLICK, STEP HEEL

- 1 & 2 Step R to R side (1), Step L next to R (&), Step R to R side (2)
3, 4 Rock L foot behind R (3), Recover weight to R foot (4),
5, 6 Step L to L side (5), Flick R foot behind L (6),

7,8,& Step R down (7), Tap L heel (8), Take weight L (&)

R HEEL L TOE SWITCH, FULL TURN WALK (R-L-R-L),

&1&2 Take weight L (&), R heel forward (1), Take weight R (&), Tap L toe (2)

& 3-6 Take weight L (&), Walk a full turn over left shoulder (R, L, R, L), (3,4,5,6)

RIGHT STEP, SWIVEL HEELS, STEP BACK & KICK X 2, RIGHT COASTER

1 & 2 Step R forward (1), Swivel both heels to corner right (&), Swivel both heels back to centre (2)

3, 4 R step back (3), Kick L forward (4)

5, 6 L step back (5), Kick R forward (6)

7 & 8 Step R back (7), Step L next to R (&), Step R forward (8)

JUMP FWD & CLAP, JUMP BACK & CLAP, RIGHT SIDE ROCK, RECOVER, BEHIND SIDE CROSS

1 & 2 Jump forward – L foot first (1), R foot (&), clap (2)

3 & 4 Jump backward – R foot first (3), L foot (&), clap (4)

5, 6 R side rock (5), Recover weight L (6)

7 & 8 Step R behind L (7), Step L to L side (&), Step R across L (8)

LEFT SIDE ROCK, RECOVER, BEHIND SIDE CROSS, JAZZ BOX ¼ RIGHT

1, 2 L side rock (1), Recover weight R (2)

3 & 4 Step L behind R (3), Step R to R side (&), Step L slightly in front of R (4)

5- 8 Step R across L (5), Step L back starting to make ¼ turn right (6), Step R to R side (7), Step L next to R (8)

JAZZ BOX, RIGHT TOE POINT SIDE, FRONT, SIDE, FLICK

1- 4 Step R across L (1), Step L back (2), Step R to R side (3), Step L next to R (4)

5- 8 Point R toe to R side (5), Point R toe in front (6), Point R toe to R side (7), Flick R foot behind L (8)

TAGS: 2

TAG 1: Wall 3 facing 6 o'clock do first 8 counts (4 x toe strut R-L-R-L) TAG 2 x hip bump R, L then restart the dance

TAG 2: Wall 7 facing 3 o'clock, at the end of the dance HOLD for 2 counts then restart

SEQUENCE:

Wall 1: 12 o'clock Part A

Wall 2: 3 o'clock Part B

Wall 3: 6 o'clock first 8 counts then restart

Wall 4: 6 o'clock Part A

Wall 5: 9 o'clock Part B

Wall 6: 12 o'clock Part A

Wall 7: 3 o'clock Part B (Tag 2 at the end of the dance)

Wall 8: 6 o'clock Part A

Wall 9: 12 o'clock 1 x R Toe Strutt, stomp L Foot to finish the dance

End of dance!

Feel free to create variations to this and have fun!

Chelsea Gillum – Gilly's Line Dancing

Kylie Cotterell – Side Step Shuffle
