

# Folsom Prison

**COPPER KNOB**  
STEPPERS

拍數: 44      牆數: 4      級數: Beginner  
編舞者: Becky Shenefiel (USA) - January 2025  
音樂: Folsom Prison Blues - Johnny Cash : (Live at Folsom State Prison)



## **S1: CHA CHA BOX:R SIDE, TOGETHER, R CHA CHA BACK, L SIDE TOGETHER, CHA CHA UP**

1-2      Step R to right side, step L beside R,  
3&4      Cha cha back with R foot or triple steps back RLR  
5-6      Step L to left side, step R beside L  
7&8      Cha cha up with L or triple steps up LRL

## **S2: R FWD ROCK, CHA CHA BACK, L BACK ROCK, CHA CHA UP**

1-2      R forward rock, recover weight on L  
3&4      Cha cha back with R or triple steps back RLR  
5-6      L back rock, recover weight on R  
7&8      Cha cha fwd with L or triple steps fwd LRL

## **S3: JAZZ BOX TO R (X2)**

1-4      Cross R over L, step L back, turn 1/ 4 to right and step R to R side, step L beside R  
5-8      Cross R over L, step L back, turn 1/ 4 to right and step R to R side, step L beside R

## **S4: DOUBLE HIP BUMPS TO R & L, SINGLE HIP BUMPS RLRL**

1-4      Double hip bumps to R side (weight on R), double hip bumps to L side (weight on L)  
5-8      Single hip bumps, RLRL

## **S5: CHARLESTON AND TURNING CHARLESTON 1/ 4 TO R**

1-4      Step R foot forward, kick with L, step back L, touch R beside L  
5-8      Turn 1/ 4 R as you step R foot forward, kick with L, step back L, touch R beside L

## **S6: R & L SIDE STEP TOUCH**

1-2      Step R foot to right side, touch L beside R  
3-4      Step L foot to left side, touch R beside L

**Note: Because of the count to Folsom Prison Blues I added the side step touches. But you can do this to 40 count song by eliminating the side step touches.**