

NY Creepin

COPPER KNOB
STEPPERS

拍數: 64 牆數: 1 級數: Improver
編舞者: John Woodhouse Jr. (USA) - April 2025
音樂: CREEPIN - DIAL Tone TP



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music.

PART 1: 32 COUNTS

HEEL STEP, HALF RIGHT TURN, LRL CHAS, FRONT KICKS

1 2 3 4 Step on right heel, toe, step on left making half turn right
5&6 7 8 Cha cha cha LRL, low kick right then left foot

KICKS FRONT, BACK, SWIRL, SYNCHOPATED STEPS

1&2 3&4 Kick right foot front, left foot back, kick left foot front, right foot back
5 6 7&8& Swirl right foot, step on right, step on left, step on right, step on left, step/lift right foot

REPEAT PART 1 TO RETURN TO FRONT

PART 2: 32 COUNTS

FORWARD STEP LOCKS, ROCK RECOVER STEPS, BACK STEP LOCKS

1&2 3&4 Forward locking steps RLR, LRL
5 6 7&8 Rock up on right foot, recover on left, back locking steps RLR

BACK STEP LOCKS, BACK ROCK RECOVER STEPS, SIDE ROCKS HALF LEFT TURN

1&2 3 4 Back locking steps LRL, rock back on right foot, recover on left
5 6 7 8 Side rocks to make half turn left

BACK STEPS, HIP BUMPS

1 2 3&4 Step back on right, left, right making hip bump
5 6 7&8 Step back on left, right, left making hip bump

BACKWARD MOVING SIDE POINTS, SIDE ROCKS HALF LEFT TURN

1 2 3 4 Point right foot out to side going back, recover on right, point left foot side, recover right
5 6 7 8 Side rocks to make half turn left

REPEAT ENTIRE DANCE UNTIL MUSIC STOPS

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com