# Frequently (Secretly)



拍數: 48 牆數: 4 級數: High Beginner - waltz

編舞者: Adela Greenbaum (AUS) - April 2025

音樂: Cowboys Are Frequently Secretly Fond of Each Other - Willie Nelson



## Intro: 48 counts

## [1 - 12] Grapevine R,L with claps

1-3	Step R to R, hold, step L behind
4-6	Step R to R, hold, L close and clap
7-9	Step L to L, hold, step R behind
10-12	Step L to L, hold, R close and clap

#### [13 - 24] Waltz step in diamond, turning with each step

13-15	Step R diagonally fwd to R with ¼ turn clockwise, hold, close L (3:00)
16-18	Step R diagonally behind to L with 1/4 turn clockwise, hold, close L (6:00)
19-21	Step R diagonally fwd to R with ¼ turn clockwise, hold, close L (9:00)
22-24	Step R diagonally behind to L with ¼ turn clockwise, hold, close L (12:00)

#### [25 - 36] Waltz step, balance R, L

25-27	Step R diagonally fwd to R, step L diagonally fwd to R, balance on L
28-30	Step R diagonally back to L, step L diagonally back to L, R close
31-33	Step L diagonally fwd to L, step R diagonally fwd to L, balance on R
34-36	Step L diagonally back to R, step R diagonally back to R, L close

# [37 – 48] Cross tap x2, turn behind, step, close

37-39	Cross R over L, hold, tap L to L
40-42	Cross L over R, hold, tap R to R
40.45	0. D 1/

43-45 Step R back, ¼ turn behind on R (3:00), L close

46-48 Step R fwd, hold, L close.

#### Repeat from the beginning