Come Sway With Me

拍數: 32

級數: Beginner

編舞者: Juliet Lam (USA) - April 2025

音樂: Sway (Mucho Mambo) - Barbados

Intro : 32 Counts, begin dancing on the word "Start", roughly 19 seconds. (When the marimba rhythms "Start" to play....)

Specially choreographed for Manna Ku & her students.

Sec 1 Sway, Together, Shuffle Forward, Rock Forward, Recover, 1/2 Shuffle

- 1-2 Step right to right side, sway hip to right, step left next to right
- 3&4 Step right forward, step left next to right, step right forward
- 5-6 Rock left forward, recover on right
- 7&8 Turn ¼ left, step left to left side, step right next to left, ¼ left, step left forward (6:00)

Sec 2 Walk, Walk, Shuffle Forward, Step, ¼ Right, Step, ¼ Right,

- 1-2 Walk forward on right, walk forward on left
- 3&4 Step right forward, step left next to right, step right forward
- 5-6 Step forward on left, ¹/₄ turn right (weight on right) (9:00)
- 7-8 Step forward on left, 1/4 turn right (weight on right) (12:00)

Sec 3 Weave, Point Right, Weave, Point Left

Cross left over right, step right to right side, step left behind right, point right to right side 1-4 5-8 Cross right over left, step left to left side, step right behind left, point left to left side

Sec 4 Jazz Box Cross 1/4 Left, Sway, Sway, Sway, Touch

Cross left over right, ¼ left, step back on right, step left to side, cross right over left (9:00) 1-4 5-8 Step left to left side, sway hip left, right, left, touch right next to left

Ending: Wall 9 begins at 12:00, dance up to count 24, sway hips left, right, left, stomp right and pose.

Repeat & Enjoy

Contact: Juliet Lam, lingling777@gmail.com





牆數: 4