

Head Over Feet

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Maddison Glover (AUS) - April 2025
音樂: Maybe - Guy Sebastian



Intro: 32 Counts (approx. 16 seconds) on lyrics.
NO TAGS. NO RESTARTS. YOU'RE WELCOME!

Step to Side with Hip Bump, Hold, Hip Bump, Hold, ½ Turn, 1/8 Back Rock/Recover

- 1,2,3,4 Step R to R side as you push R hip out to R side, hold, push L hip out to L side, hold
- 5,6 Make ¼ turn R as you step R slightly fwd (3:00), make ¼ turn R stepping L to L side (6:00)
- 7,8 Make 1/8 turn R as you rock R back (7:30), recover weight fwd onto L

Large Step with Drag (x2), Rock Forward/ Recover, 1/8 Turning Coaster Cross

- 1,2 Take large step fwd on R as you drag L fwd towards R, continue to drag for count 2
- 3,4 Take large step fwd on L as you drag R fwd towards L, continue to drag for count 4
- 5,6 Rock R fwd, recover back onto L (still facing 7:30)
- 7&8 Step R back, make 1/8 turn L as you step L to L side (6:00), cross R over L

Side, Hold, Together, Side, Touch, ½ Turn, Cross Behind, Hold

- 1,2&3,4 Step L to L side, hold, step R together, step L to L side, touch R beside L
- 5,6 Make ¼ turn R stepping R fwd (9:00), Make ¼ turn R stepping L to L side (12:00)
- 7,8 Cross R behind L, hold

Side, Cross, Hold, Side Rock/Recover, Cross Over, Side, Turning 1/8 Sailor

- &1,2 Step L to L side, cross R over L, hold
- 3,4,5,6 Rock L out to L side, recover weight onto R, cross L over R, step R to R side
- 7&8 Make 1/8 turn L as you sweep/ cross L behind R, step R slightly to R, step L slightly fwd (10:30)

Forward with Sweep, Forward with Sweep, Rock Forward/ Recover, Full Turn Back

- 1,2 Step R fwd as you start to sweep L from back to front, continue sweeping L for count 2 (10:30)
- 3,4 Step L fwd as you start to sweep L from back to front, continue sweeping R for count 4
- 5,6 Rock R fwd, recover weight onto L
- 7,8 Make ½ turn R stepping R fwd (4:30), make ½ turn R stepping L back (10:30)

Back with Sweep, Back with Sweep, Back Rock/Recover, 1/8 Forward, Lock Behind

- 1,2 Step R back as you start to sweep L from front to back, continue sweeping L for count 2 (10:30)
- 3,4 Step L back as you start to sweep L from back to front, continue sweeping R for count 4
- 5,6 Rock R back, recover forward onto L (10:30)
- 7,8 Make 1/8 L as you step R fwd into R diagonal, lock L behind R (9:00)

Forward, Forward, Lock Behind, Forward, Pivot ½, Forward, Hold

- 1,2 Step R fwd into R diagonal, step L into L diagonal
- 3,4 Lock R behind L, step L into L diagonal
- 5,6 Step R fwd, pivot ½ turn over L (3:00)
- 7,8 Step R fwd, hold

Shuffle Forward, Rock Forward/ Recover, 1 ¼ Turn, Cross

- 1&2 Step L fwd, step R together, step L fwd
- 3,4 Rock R fwd, recover back onto L

5,6 Make ½ turn R stepping R fwd (9:00), make ½ turn R stepping L back (3:00)
7,8 Make ¼ turn R stepping R to R side (6:00), cross L over R
Non turning option: Make ¼ R stepping R to R (5), cross L over R (6), step R to R (7), cross L over R (8)

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Last Update: 30 Apr 2025
