

Hard Working Man

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Tina Argyle (UK) - March 2025
音樂: Hard Workin' Man - Brooks & Dunn



Count In : 32 counts in start on the word 'man' approx 14 seconds in

Toe, Heel, Toe, Heel. Jazz Box, Cross

- 1 - 2 Touch R toe to L instep, touch R heel to L instep
- 3 - 4 Touch R toe to L instep, touch R heel to L instep
- 5 - 6 Cross R over L, step back L
- 7 - 8 Step R to right side, cross L over R and slightly forward

R Diagonal Step Fwd. Touch. Touch Out, Touch In. L Diagonal Step Fwd. Touch. Touch Out, Touch In

- 1 - 2 Take long step fwd R to right diagonal, touch L at side of R
- 3 - 4 Touch L out to left side, touch L at side of R
- 5 - 6 Take long step fwd L to left diagonal, touch R at side of L
- 7 - 8 Touch R out to right side, touch R at side of L

Step Back, Touch. Full Turn Back with Hitches. Step Fwd. Touch

- 1 - 2 Step back R, touch L at side of R
- 3 - 4 Make ¼ turn left stepping L towards 6 o'clock, keep turning left to 3 o'clock hitching R knee
- 5 - 6 ¼ turn stepping back R, hitch L knee (12 o'clock)
- 7 - 8 Step fwd L, touch R at side of L

R Chasse Rock Back, Recover. L Chasse Rock Back, Recover.

- 1 & 2 Step R to right side, close L at side of R, step R to right side
- 3 - 4 Rock L behind R, recover weight onto R
- 5 & 6 Step L to left side, close R at side of L, step L to left side
- 7 - 8 Rock R behind L, recover weight onto L

*** Re Start here during Wall 5 facing 9 o'clock ***

Monterey ¼ Turn. Jazz Box

- 1 - 2 Point R toe to right side, make ¼ turn right stepping R at side of L
- 3 - 4 Point L to left side, step L at side of R
- 5 - 6 Cross R over L, step back L
- 7 - 8 Step R to right side, step L at side of R (3 o'clock)

Stomp Fwd. Make ½ Turn Twisting Both Heels over the half turn Finishing With Weight Fwd. On Left

- 1 Stomp R forward
- 2 - 3 Twist heels R, Twist heels L
- 4 - 5 Twist heels R, Twist heels L
- 6 - 7 Twist heels R, Twist heels L
- 8 Twist heels R, Transfer weight forward onto L squaring up to 9 o'clock

TAG – at the end of Wall 1 add the following 16 steps – Re Start the dance facing 6 o'clock

K Step with Brush

- 1 - 4 Step fwd. R to right diagonal, touch L behind R. Step back L, touch R at side of L
- 5 - 8 Step R back to right diagonal, touch L at side of R. Step fwd L brush R at side of L

Step ½ Pivot Turn, Step. Hold with Clap. Step ¼ Turn Together, Hold with Clap

- 1,2,3 Step fwd. R. Make ½ pivot turn left onto L. Step fwd R (3 o'clock)
- 4 Clap

5,6,7 Step fwd. L. Make $\frac{1}{4}$ turn right onto R. Step together with L (6 o'clock)
8 Clap

Last Update: 1 May 2025
