No Crying with Foxtrot

拍數: 64

級數: High Beginner

編舞者: V. Allen L. Isidro (USA) - April 2025 音樂: Don't Cry On My Shoulder - Sam Cooke

Note: Back to Basic (LDVALI School of Line Dancing) [1 or 4-walls]	
Set 1 Step right	r, behind, side, cross, side, together, cross, hold
1-4	Side R – behind L – side R – cross L
5-8	Side R – together L – cross R - hold
Set 2 Step left,	behind, side, cross, side, together, cross, hold
1-4	Side L – behind R – side L – cross R
5-8	Side L – together R – cross L - hold
Set 3 Side, toge	e ther, forever, hold, side, together, back, hold
1-4	Side R – together L – forward R - hold
5-8	Side L – together R – back L - hold
Set 4 Side, toge	e ther, forever, hold, side, together, back, hold
1-4	Side R – together L – back R - hold
5-8	Side L – together R – forward L – hold
Set 5 Rock forw	vard, recover, back, recover, side, recover, together, hold
1-4	Forward R – recover L – back R - recover
5-8	Side R – recover L - together R - hold
Set 6 Rock forw	vard, recover, back, recover, side, recover, together, hold
1-4	Forward L – recover R – back L - recover
5-8	Side L – recover R - together L - hold
Set 7 Back, hee	el, back, heel, rock back, recover, forward, hold
1-4	Back R – L heel – back L – R heel
5-8	Rock back R – recover L – forward R - hold
Set 8 Toe strut,	toe strut, forward, recover, together, hold
1-4	Touch L toe – ball L – touch R toe - ball R
5-8	Forward L – recover R – together L - hold
START ALL OVER ON NEW WALL	
Note: To make this 4-wall version, do quarter turn to right on Set 8, Steps 1-4 (3:00)	

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牆數:1