

# Run Run Run

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Becky Shenefiel (USA) - February 2025  
音樂: Run (from One Night In Malibu) - OneRepublic



Start dance on count: 16

## **S1: CHASSE R, L BACK ROCK (LINDY R), CHASSE L, R BACK ROCK (LINDY L)**

1&2      Step R to right side, step L next to right, step R to right side  
3-4      Step L back, rock fwd on R foot  
5&6      Step L to left side, step R next to left, step L to left side  
7-8      Step R back, rock fwd on L foot

## **S2: R FWD ROCK, SHUFFLE BACK R, L BACK ROCK, SHUFFLE UP L**

1-2      Step R fwd, recover weight to L  
3&4      Step back R, step L beside R, step back R  
5-6      Step back L, recover weight to R  
7&8      Step L fwd, step R beside L, step L fwd

## **S3: WALK UP RLR, KICK L, WALK BACK L, R, TURN 1/ 4 L, TOUCH**

1-4      Step fwd R, step fwd L, step fwd R, touch L beside R or slightly kick L  
5-8      Step back L, step back R, turning 1/ 4 left step L foot to left side, touch R beside L

## **S4: HEEL SWITCHES RLRL**

1-4      Tap R heel fwd, step R beside L, Tap L heel fwd, step L beside R  
5-8      Tap R heel fwd, step R beside L, Tap L heel fwd, step L beside R

**NO TAGS OR RESTARTS**

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