

Like a Lasso

COPPERKNOB
STEPPERS

拍數: 32 牆數: 4
編舞者: Randii Loder (USA) - April 2025
音樂: Lasso - Jake Banfield



Start dance after 16 counts (when lyrics start)

No Tags No Restarts

SECTION 1 - Swivels Right heel toe heel, hitch left leg. Swivels left heel toe heel toe, hitch left leg

- 1 -2 swivels R and L heels to R side, Swivels R and L toes to R
- 3-4 swivels R and L heels to right , swivel R hitch L leg
- 5-6 Swivel R and L heels to L side, Swivel R and L toes
- 7-8 Swivel R and L heels to L side, hitch R leg.

SECTION 2 - R Lock step shuffle, L lock step shuffle

- 1-2 Step R locking L behind
- 3&4 Shuffle R L R
- 5-6 Step L locking R behind
- 7&8 Shuffle L R L

SECTION 3 - Pony back R Pony B L 1/4 L hip roll/ paddle turn

- 1&2 Step R back while hitch L, step down L, step R in place
- 3&4 Step L back while hitch R, step down R, step L in place
- 5-6 Step right forward, roll hips turning 1/8 left
- 7-8 Continue turning with hip roll 1/8 left

SECTION 4 - R Heel, L Heel, R Toe, L Heel Step 1/2 pivot L 2x

- 1&2& Touch R heel forward, step R beside L, touch L heel forward, step L beside R
- 3&4& Touch R toe beside L, step R beside L, touch L heel forward, step L beside R
- 5-6 Step R pivot over L shoulder
- 7-8 Step R again Pivot over L shoulder. Bring feet together ! Start again!

Style fun: when he says " Like A Lasso" swing arm up in the air like you have a lasso. ENJOY HAVE FUN!

Contact IG: Randazzled for any comments / questions.

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