Baila Morena



編舞者: Sawaludin (INA) - April 2025

音樂: Baila Morena (R3HAB Remix) - Lucenzo & R3HAB



Intro: 16 Count - No Tag, No Restart

S1. WALK R-L, KICK BALL CHANGE, ROCKING CHAIR,

1-2 Step R forward, step L forward

3&4 Kick R forward, ball step R back, step L in place

5-8 Step R forward, recover on L, step R back, recover on L

S2. OUT OUT WITH ARM MOVEMENT, CHEST POP, 3/4 R, 1/4 R CHASSE

1-2 Step R forward diagonal (Right hand clenched in front of the chest like hitting the drum), step

L forward diagonal (left hand clenched in front of the chest like hitting the drum

3&4 Chest in, out, in (hands moving like hitting drums)

S3. CROSS ROCK, RECOVER, SIDE, CROSS, SIDE, BEHIND, SIDE, CROSS SHUFFLE

1-2& Rock cross L over R, recover on R, step L to side

3-4 Cross R over L, step L to side5-6 Cross R behind L, step L to side

7&8 Cross R over L, step L to side, cross R ovel L

S4. SIDE ROCK, RECOVER, BEHIND, SIDE, FORWARD, FORWARD, 1/4 L, 1/4 L, FLICK

1-2 Step L to side, recover on R

3&4 Cross L behind R, step R to side, step L forward

5-8 Step R forward, ¼ turn left stepping L in place, recover on R, ¼ turn left stepping L forward

and flick on R

Enjoy your Dance

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