The Giver

拍數: 32

級數: Beginner

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音樂: The Giver - Chappell Roan

Intro count: 16

S1: STEP UP R, LOCK L BEHIND/ SHUFFLE UP R/ STEP UP L, LOCK R BEHIND, SHUFFLE UP L

- 1-2 Step fwd R diagonally, lock L behind R foot,
- 3&4 Step fwd R, step L beside R, step fwd R
- 5-6 Step fwd L diagonally, lock R behind L foot
- 7&8 Step fwd L, step R beside L, step fwd L

S2: PIVOT 1/2 L, R&L HIP BUMPS, BOX 1/4 R

- 1-2 Step fwd R, pivot 1/ 2 left
- 3-4 Step R to right side as you bump R hip out to right side, bump L hip out to left side
- 5-8 Cross R over L, step L back, turn 1/4 to right stepping R to R side, step L beside R

S3: SHUFFLE TO R, L BACK ROCK, SHUFFLE TO L , TURN 1/4 R, R BACK ROCK

- 1&2 Step R to right side, step L beside R, step R to R side
- 3-4 Step L back, recover weight on R
- 5&6 Step L to left side, step R beside L, step L to L side
- 7-8 Turn 1/4 to R as you step R back, recover weight on L

S4: SHUFFLE TO R, L BACK ROCK, SHUFFLE TO LEFT, TURN 1/4 R, R BACK ROCK

- 1&2 Step R to right side, step L beside R, step R to R side
- 3-4 Step L back, recover weight on R
- 5&6 Step L to left side, step R beside L, step L to L side
- 7-8 Turn 1/4 to R as you step R back, recover weight on L

NO RESTARTS OR TAGS





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牆數: 4