My Joy



拍數: 32

級數: Improver

編舞者: Tiffany McIntosh (USA) - April 2025

音樂: Can't Steal My Joy (feat. Brandon Lake) - Josiah Queen

牆數:4



No tags, no restarts

Start after the first 16 beats of the song

Section 1

1-2	Rock recover (Cross R over L, recover on L)
3&4	Side triple step to R (R-L-R)
5-6	Rock recover (cross L over R, recover on R)
7&8	Side triple step to L (L-R-L)

Section 2

1-4	1/8 paddle turn with R foot (4 times making a 1/2 turn)	
5-8	Jazz box (R over L, step L back, R to R side, L next to R)	
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Section 3		
1&2	Rock R to R side(1), recover on L(&), cross R over L(2)	
3&4	Rock L to L side(3), recover on R(&), cross L over R(4)	
5&6	Rock R to R side(1), recover on L(&), cross R over L(2)	
7-8	1/4 turn to the L using both feet(7), end with weight on L foot and hold(8)	
*Option to do a full turn here ending with weight on left foot - it will be fast		
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Section 4:		
180	Triple stop forward (P L P)	

1&2	Triple step forward (R-L-R)
3-4	Rock forward on L, recover back on R
5&6	Triple step backward (L-R-L)
7-8	Rock back on R, recover forward on L

Repeat dance. Dance with JOY!!

tmack_14@comcast.net