Birds of a Feather

拍數: 32

級數: Newcomer / Novice WCS

編舞者: Marina Krüger (DE), Florentina Haupt & Mariola Lizik - April 2025

音樂: BIRDS OF A FEATHER - Billie Eilish : (Amazon music)

Intro: 8 counts (Dance starts on the lyrics "Stay")

S1 BACK, BACK, ANCHOR STEP, ROCK BACK, STEP ½ TURN [6:00]

- step R back, step L back, (opt.: with sweeps), RF behind LF (slightly locked position, weight 123&4 is R), change weight from R to L and back to R,
- 5678 Step LF back, recover weight to RF, Step L forward, pivot 1/2 over R [6:00] weight is on R,

S2 WEAVE, ROCK FWD, SHUFFLE ¼ TURN L [3:00]

- 1234 Cross LF over RF, step RF to R, cross LF behind RF, RF step to R,
- 567&8 Step LF forward, recover weight to RF, 1/4 Turn to L (while LF step forward) [3:00], RF next to LF, LF step forward,

S3 STEP, HITCH, CROSS SHUFFLE, SIDE ROCK, BEHIND-SIDE-CROSS

123&4 Step RF forward, hitch left knee and cross in front of RF, step RF to R, cross in front of RF

567&8 Step RF to R, recover weight to LF, RF cross behind LF, step LF to L, RF cross in front of LF,

S4 POINT, CROSS, POINT, CROSS, ROCK FWD, ANCHOR STEP

- 1234 Point LF to L, Cross LF in front of RF, Point RF to R, cross RF in front of LF,
- 567&8 Step LF forward, recover weight to RF, place LF behind RF

(slightly locked position, weight is on L), change weight on R and back on L.

Start again & have fun :)





牆數:4