

Crushing Cans

COPPER KNOB
STEPPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Kathy Brown (USA) - May 2025
音樂: Crushin' Cans - Ryan Langdon



Intro: 8cts.

RIGHT HEEL GRIND 1/4 RIGHT, RIGHT COASTER, LEFT HEEL GRIND 1/4 LEFT, LEFT COASTER

1-2 Right heel grind 1/4 right
3&4 Step right back, step left back, step right forward
5-6 Left heel grind 1/4 left
7&8 Step left back, step right back, step left forward

Wall 3 – Repeat 1st 8cts., restart from beginning (6:00)

QUICK STEP FORWARD RIGHT, LEFT with TOUCHES, V STEP with COASTER

&1&2 Quick step right forward, touch left, quick step left forward, touch right
&3&4 Quick step right back, touch left, quick step back left, touch right
5-6 Step right forward angling right (clap), step left forward angling left (clap)
7&8 Step right back, step left back, step right forward

FORWARD SHUFFLES LEFT, RIGHT, 1/2 PIVOT RIGHT, TURNING 1/4 RIGHT, LEFT SIDE SHUFFLE

1&2 Step left forward, step right next to left, step left forward
3&4 Step right forward, step left next to right, step right forward
5-6 Step left forward, pivot 1/2 right
7&8 Turning 1/4 right, step left to side, step right next to left, step left to side

SYNCOPATED WEAVE LEFT, LEFT, RIGHT SIDE POINTS, SYNCOPATED WEAVE LEFT, LEFT SIDE ROCK CROSS

1&2 Step right behind left, step left to side, cross right over left
3&4 Point left to side, step left to center, point right to side
5&6 Step right behind left, step left to side, cross right over left
7&8 Rock left to side, recover right, cross left over right
