

# How Are You Doing in a Foreign Land? (你在他乡还好吗 ?) ( DJ 阿远版 )

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Absolute Beginner  
編舞者: Rafael Sutado (INA), Mei Ing (INA) & Lili Kiang (INA) - May 2025  
音樂: How Are You Doing in a Foreign Land? (你在他乡还好吗) (DJ 阿远版) - NiNi (庄妮)



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## Intro 32c

Dance starts from intro (Face : 06.00) after singing the words "Ni Hao Ma"

### SECTION 1: Vine R touch L, Vine L touch R

1 2 3 4      Step R to R Side, cross L behind R, step R to R side, touch L  
5 6 7 8      Step L to L Side, cross R behind L, step L to L side, touch R

### SECTION 2: Walk Forward 4 Kick, Walk Back

1 2 3 4      Walk fwd RLR, kick L foot  
5 6 7 8      Walk back LRLR (7-8 Step LF back slightly left, step RF to side (sunrise direction))

### SECTION 3: Hold, PADDLE ½ L

1-4      Hold – Face (sunrise direction) open both arms above your head to each side with your fingers spread wide as if enjoying the morning sun  
5-6      Step R forward, ¼ turn left step L in place  
7-8      Step R forward, ¼ turn left step L in place

### SECTION 4: Hold, 2 x Side Touches

1-4      Hold, body sway - right hand to left then slowly to the right  
5 6 7 8      Step R to R side touch L, Step L to L side touch R

No Tags or Restarts

Enjoy & Happy Dancing (1st May, 2025)

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