Ni Zai Ta Xiang Hai Hao Ma? (你在他乡 还好吗?)(DJ 阿远版)

拍數: 32 牆數: 2 級數: Absolute Beginner 編舞者: Rafael Sutanto (INA), Mei Ing (INA) & Lili Kiang (INA) - May 2025 音樂: How Are You Doing in a Foreign Land? (你在他乡还好吗) (DJ 阿远版) - NiNi (庄 妮)

Intro 32c

Dance start from intro (Face: 06.00) after singing the words "Ni Hao Ma"

SECTION 1: Vine R touch L, Vine L touch R

- Step R to R Side, cross L behind R, step R to R side, touch L 1234
- 5678 Step L to L Side, cross R behind L, step L to L side, touch R

SECTION 2: Walk Forward 3 Kick, Walk Back 3 Close

- 1234 Walk fwd RLR, kick L foot
- 5678 Walk back LRL close R (feet and body slightly to the left (sunrise direction))

SECTION 3: Hip Bumpx4, PADDLE 1/2L

- Bump hips to R Side(1), Bump hips to R Side(2) 1-2
- 3-4 Bump hips to R Side(3), Bump hips to R Side(4)
- 5-6 Step R forward, 1/2 turn left step L in place
- 7-8 Step R forward, 1/2 turn left step L in place

SECTION 4: Hold, 2 x Side Touches

- Bump hips to R Side(1), Bump hips to R Side(2) 1-2
- 3-4 Bump hips to R Side(3), Bump hips to R Side(4)
- 5678 Step R to R side touch L, Step L to L side touch R

No Tags or Restarts

Enjoy & Happy Dancing (1st May, 2025) Contact: Rafaelsutanto2@gmail.com

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