

Built For This

拍數: 48 牆數: 2 級數: Phrased Improver
編舞者: KLDA (KOR), MiYeol Kim (KOR), JoonYoung Park (KOR), SangSook Kim (KOR),
Young Ok Jang (KOR), Min - jeong Kwon (KOR), YeonHee Lee (KOR) & SunOk
Choi (KOR) - April 2025
音樂: Built for This - Valley Of Wolves



Sequence : A B tag A A'(16) A B tag A A

Intro : 32count

Part A: 32c

Sec1 : Heel grind switch, Jazz box 1/4 turn Right

1 2& R heel Cross over LF, LF to left side, close RF next to LF
3 4& L heel Cross over RF, RF to right side, close LF next to LRF
5 6 7 8 Cross RF over LF, Step back LF 1/4 turn Right, RF to right side, Cross LF over RF

Sec2 : Side rock change RL, side toe switch RLR, flick ending

1 2& Step RF to right side, recover on LF, Close RF next to LF
3 4& Step LF to left side, recover on RF, Close LF next to RF
5& 6 Point R to right side, Step RF next to LF, Point L to left side
& 7 Step LF next to RF, Point R to right side
8 Flick R back

Sec3 : 1/4 pivot L, Cross shuffle R, 1/2 hinge R, Cross shuffle L

1-2 RF step forward, 1/4 turn L weight on LF
3& 4 RF cross over LF, LF to left side, RF cross over LF
5-6 1/4 turn R & LF step back, 1/4 turn R & RF to right side
7& 8 LF Cross Over RF, RF to right side, LF cross over LF RF

Sec4: Right side, 1/4 Hook Left, L shuffle fwd, 1/4 turn L Right side big step & Drag, L sailor

1-2 Step RF to right side, 1/4 turn left to hook L
3& 4 Step LF forward, Step RF next to LF, Step LF forward
5-6 1/4 turn L & Step RF a big step to right side, drag LF toward RF
7& 8 Step LF behind RF, Step RF to right side, Step LF to left side

Part B: 16c

Sec1: R cross rock & R side & drag, L cross rock & L side & drag

1-2 Cross RF over LF, recover on LF
3-4 Step RF to right side, drag LF towards RF
5-6 Cross LF over RF, recover on RF
7-8 Step LF to left side, drag RF towards LF

Sec2: 1/2 pivot left, R Forward Shuffle, L forward rock, L Back & drag

1-2 Step RF forward, 1/2 turn L & putting weight on LF
3& 4 Step RF forward, Step LF next to RF, Step RF forward
5-6 Step LF forward, recover on RF
7-8 Step LF back, drag RF towards LF

Tag: 2 hold, 2 stomp

1-2 Hold, hold
3-4 Double stomp R

The 3rd Sequence A, Dance to count 15, then on count 16-1/4 turn L & hitch R
