

Vitamin Jaleuleu Ja

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Kusrnadi Noviar (INA) & Judi Rifa (INA) - May 2025
音樂: Vitamin - Doel Sumbang



No Tag, No Restart

Intro: 16 C

Start on Lyric / Vocal / Word "Pangandaran"

Sequence: AA-BBB-AA AA-BBB-AA

A 32 C

#1 Walk RLR, Hitch, Back Step Hitch, Back Step, Hook

1-4 Walk fwd RLR, LF hitch
5-8 Step LF bckwd, RF hitch, step RF bckwd, LF hook

#2 ¼ L Turn, Side, Back, Flick, Wave to L, Flick

1 ¼ L turn-Step LF to L side (9:00)
2-4 Step RF to R side, Step LF behind RF, RF flick
5-8 RF cross over LF, Step LF to L side, RF cross behind LF, LF flick

#3 Rock Fwd, Recover, Coaster Step, (Toe Strut with Bumping) R/L

1-2 Rock LF fwd, recover RF
3&4 Step LF bckwd, Step RF tog LF, Step LF fwd
5-6 R toe with bumping hip, drop R Heel
7-8 L toe with bumping hip, drop L Heel

#4 Paddle ½ L, Jazz Box

1-4 Paddle turn ¼ L (6:00), Paddle turn ¼ L (3:00)
5-8 Cross RF over LF, Step LF bckwd, Step RF to R side, Step LF fwd

For Ending, doing Jazz Box turn R for facing 12:00

B 16 C

#1 Synco Cross Rock-Recover, Turn, Synco Cross Rock-Recover

1&2&3&4 Sync RF cros rock recover (3:00), ¼ R turn-RF side (4) (6:00)
5&6&7&8 Sync LF cros rock recover, LF side

#2 FWD,TOG, 1/4 TURN R, BUMP, FWD,TOG, 1/4 TURN L, BUMP

1-2 Step RF fwd, Step LF together RF
3-4 ¼ Turn R-Step RF to R Side, Touch LF next to RF-bumping L Hip (9:00)
5 -6 Step LF fwd, Step RF together LF
7 -8 ¼ Turn L-Step LF to L Side, Touch RF next to LF-bumping R hip (6:00)

B is doing after A x2 (or after A x4) following the sequence of dance

Passions, Healthy and Happy Dance

Happy Dancing!

kusrnadi4@gmail.com

jrifajantoro@gmail.com

Last Update: 5 May 2025