

That's Cheating

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner
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音樂: Cheating - Kaylee Rose



Heel, heel, heel, hitch, heel step. R and L

- 1 & 2 & R heel forward (1), recover onto R next to L (&). L heel forward (2), recover onto L next to R (&)
- 3 & 4 & R heel forward (3), hook R over L (&), R heel forward (4), step onto R next to L (&)
- 5 & 6 & L heel forward (5), recover onto L next to R (&), R heel forward (6), recover onto R next to L (&)
- 7 & 8 & L heel forward (7), hook L over R (&), L heel forward (8), recover onto L next to R (&)

Shuffle forward R, Rock recover L, shuffle back L rock back recover R

- 1 & 2 Step R forward (1), bring L up (&), step R forward (2)
- 3, 4 Step L forward (3), rock weight onto R (4)
- 5 & 6 Step L back (5), bring R back (&), step L back (6)
- 7, 8 Step R back (7), rock weight onto L (8)

Restart happens here after tempo starts slowing down on the reverse.

Next pattern of 32 counts will be done at 1/2 tempo. At end of that 32 (second Lindy) you build back to regular tempo.

Paddle two times 1/4 each, Jazz Box

- 1, 2 Step forward R (1), paddle a 1/4 turn over L shoulder (2)
- 3, 4 Step forward R (3), paddle a 1/4 turn over L shoulder (4)
- 5, 6 Cross R over L (5), step L back (6)
- 7, 8 Step R to side (7), bring L beside right and step on it (8)

Lindy R and Lindy L

- 1 & 2 Chasse R. Step R to side (1), follow in L (&), step out R (2)
- 3, 4 Rock L behind R (3), recover onto R in front (4)
- 5 & 6 Chasse L, Step L to side (5), follow in R (&), step out L (6)
- 7, 8 Rock R behind L (7), recover onto L in front (8)

This is a great song for new students, it introduces hitches, a tempo change, and a restart.

If any questions or comments please feel free to contact me at marla_brandon@att.net