

All We Are

COPPER KNOB
STEPPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: GoWildWest Isabel (CH) - May 2025
音樂: All We Are - Richello



Restart : 12:00 after the first 4 counts

S 1: 2x Walk Rock Recover / 2x Walk Back, Rock Recover

1&2& RF fwd, hands clap, LF fwd, hands clap
3&4 RF rock fwd, weight on LF, RF step back
5&6& LF back, hands clap, LF back, hands clap
7&8 LF rock back, weight on RF, LF step fwd

S 2: Diagonal Step Knee Pop / Coaster Step / 2x ½ Pivot

1&2 RF step diagonal R fwd, knee pop with heel up, heel down (1:00)
3&4 RF back, LF close, RF fwd
5,6 LF fwd, turn ½ R on both feet
7&8 LF fwd, turn ½ R on both feet

S 3: Rock Recover Shuffle ½ / 2 Kick Ball Step

1,2 LF rock diagonal fwd, weight on RF
3&4 turn ½ L & LF fwd, RF close, LF fwd (7:00)
5&6 RF kick fwd, RF step, LF close
7&8 RF kick fwd, RF step, LF close

S 4: Rock Recover Shuffle ½ / Rock Recover Triple Turn 5/8

1,2 RF rock fwd, weight on LF
3&4 turn ½ R & RF fwd, LF close, RF fwd (1:00)
5,6 LF rock fwd, weight on RF
7&8 turn 5/8 L with: LF, RF, LF (6:00)

Last Update: 8 May 2025