

Yi Nian Xiang Si (一念相思)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Evonne Ng (MY), Shirley Bang (MY) & Penny Tan (MY) - May 2025
音樂: Yi Nian Xiang Si (一念相思) - Wei Xin Yu (魏新雨)



Dance start from vocal "chui" - Tag x2 / No Restart
*Tag (4C) at the end of W1 & W5 , both facing 6:00

Tag (4C) :Sway , Hold

1-2 Step RF next to LF with sway to R , hold

3-4 Sway to L , hold (weight on L)

(Optional:Step RF to R with sway R-L-R-L)

SEC1:STEP BACK , SWEEP, BEHIND, SIDE ,CROSS SHUFFLE, SIDE , RECOVER

1-2 Step RF back, sweep LF from front to back

3-4 Step LF behind RF, step RF to R

5&6 Cross LF over RF , step RF to R, cross LF over RF

7-8 Step RF to R with sway to R , recover on L with sway

SEC2:MODIFIED PADDLE ¼ Turn L (x2) , FWD SHUFFLE (R-L)

1-2 Step RF fwd , 1/4 turn L , step LF next to RF (with hip roll) (9:00)

3-4 Step RF fwd , 1/4 turn L , step LF next to RF (with hip roll) (6:00)

5&6 Fwd shuffle R-L-R

7&8 Fwd shuffle L-R-L

(Optional for count 5&6 Diagonally fwd shuffle R , 7&8 Diagonally fwd shuffle L)

SEC3:SIDE, TOUCH (R-L) , SIDE , BEHIND TOUCH (R-L)

1-2 Step RF to R , touch LF next to RF

3-4 Step LF to L , touch RF next to LF

5-6 Step RF to R , touch LF behind RF

7-8 Step LF to L , touch RF behind LF

SEC4:3/4 TURN R WALK AROUND , PIVOT 1/2 L , PIVOT 1/4 TURN L

1-4 3 /4 turn R , walk around in circle R-L-R-L (3:00)

5-6 Step RF fwd , 1/2 turn L , step Lf fwd (9:00)

7-8 Step RF fwd , 1/4 turn L , step LF to L (6:00)

***NOTE:Optional for 1 Wall dance , on Sec2 count 1-4 , instead of Modified Paddle 1/4 turn L (x2) , change to Pivot ½ Turn L (x2) , the dance will be facing 12:00

*For 1W :Tag (4C) at the end of W1 & W5 , both facing 12:00

Have fun and happy dancing!