Beautiful Girl

級數: Beginner

編舞者: Liticia Whitten (USA) - May 2025

音樂: Nwa Baby (Ashawo Remix) - Flavour

I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music.

DIAGONAL STOMP WALKING UP AND BACK

- 1 2 3&4 Walk/stomp forward on right, left then RLR
- 5 6 7&8 Walk/stomp backward on left, right then LRL

SIDE STOMP WALKING RIGHT AND LEFT

- 1 2 3&4 Walk/stomp to right side on right, left then RLR
- 5 6 7&8 Walk/stomp to left on left, right then LRL

CROSS CHAS TO LEFT AND RIGHT

- 1 2 3&4 Cross right over left, recover on right, side chas; RLR
- 5 6 7&8 Cross left over right, recover on left, side chas; LRL

FORWARD ROCK, HALF TURN RIGHT, FORWARD ROCK, QUARTER TURN LEFT

- 1 2 3&4 Rock up on right, recover on left, make half turn cha cha on right, left, right
- 5 6 7 & Rock up on let, recover on right, make quarter turn left cha cha on left, right, left

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com





拍數: 32

牆數:4