

Used Ta Be My Girl

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 1 級數: Improver
編舞者: Andrew McDow (USA) - May 2025
音樂: Use Ta Be My Girl (Blakka's Edit) - The O'Jays



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music.

FORWARD HEAVY WALKS

1-8 Walk forward weight grounded on floor RLRLRLRL

BACK TRIPLE/SAILOR STEPS

1&2 3&4 Going backward do sailor steps: RLR, LRL

5&6 7&8 Continue backward traveling sailor steps: RLR, LRL

SIDE CHA ROCKS RIGHT AND LEFT ENDING IN HALF RIGHT TURN TO FACE BACK

1&2 3 4 Going to right do side cha cha cha RLR, cross left over right, recover on right

5&6 7 8 Going to left do side cha cha cha LRL, make half turn right stepping right, left face back

SIDE CHA ROCKS RIGHT AND LEFT ENDING IN HALF RIGHT TURN RETURN TO FRONT

1&2 3 4 Going to right do side cha cha cha RLR, cross left over right, recover on right

5&6 7 8 Going to left do side cha cha cha LRL, make half turn right stepping right, left face front

CHA CHAS UP, ROCK FORWARD, RECOVER, CHA CHA HALF TURN TO FACE BACK

1&2 3&4 Cha chas up RLR, then LRL

5 6 7&8 Rock up on right, recover left, cha cha RLR

CHA CHAS UP, ROCK FORWARD, RECOVER, CHA CHA HALF TURN RETURN TO FRONT

1&2 3&4 Cha chas up LRL, RLR

5 6 7&8 Rock up on left, recover right, cha cha LRL

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com