

Bad Idea

拍數: 32 牆數: 4 級數: Improver
編舞者: Jo Kinser (UK) & Stéphanie Bijon (FR) - April 2025
音樂: Bad Idea - Flo Rida & That Mexican OT



*1 restart wall 4 after 16 counts

Intro : 32 counts

[1-8] WALK R, WALK L, CROSS SAMBA R, CROSS L, SIDE R, CROSS SHUFFLE L

12 Step RF forward (1), Step LF forward (2)
3&4 Cross RF over LF (3), Rock LF to L side (&), Recover on R (4)
56 Cross LF over RF (5), Step RF to R side (6)
7&8 Cross LF over RF (7), Step RF to R side (&), Cross LF over RF (8)

[9-16] ROCK R, ROCK L, ROCK R, ¼ L FLICK R, ROCK R FWD, RECOVER L, BACK R, HEEL L, HOLD

12 Rock RF to R side (1), Rock LF to L side (2)
34 Rock RF to R side (3), ¼ turn L, step LF forward and flick RF (4) 09:00
56 Rock RF forward (5), Recover on LF (6)
&78 Step RF back (&) Heel LF forward (7), Hold (8)

* Restart wall 4 after 16 counts facing 06:00, add a ball (&) before restart the dance

[17-24] BALL STEP R, WALK L, SHUFFLE R FWD, ROCK L, RECOVER R, CHASE ¼ TURN L

&12 Close LF next to RF(&), Step RF forward (1), Step LF forward (2)
3&4 Step RF forward (3), Step LF behind RF (&), Step RF forward (4)
56 Rock LF forward (5), Recover on RF (6)
7&8 ¼ turn L, step LF to L side (7), Step RF next to LF (&), Step LF to L side (8) 06:00

[25-32] CROSS R, SIDE L, SAILOR STEP R ¼ TURN, STEP L, ½ TURN R, SIDE L, BOUNCE

12 Cross RF over LF (1), Step LF to L side (2)
3&4 ¼ turn R, step RF behind LF (3), Step LF to L side (&), Step RF to R side (4) 09:00
56 Step LF forward (5), ½ turn R, step RF forward (6)
7&8 Step LF to L side (7), Bounce both heels (&8) 03:00

**Ending Section 4 count 7, add a ¼ R to your SIDE L on count 7 and do the bounce to finish at 12:00