

Ole

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - May 2025
音樂: Olé! - Bea Bronchal



Start after 48 count intro – approx. 25 seconds – 3mins 35secs

Available: Amazon

[1-8] Weave L 2, R sailor kick, R ball cross, ½ L hinge turn, R flick with an ole

- 1-2 Cross step R over L, step L side
- 3&4 Cross step R behind L, step L side, kick R
- &5-6 Step R back, cross step L over R, turning ¼ left step R back (9 o'clock)
- 7-8 Turning ¼ left step L side (6 o'clock), flick R behind (Ole!)

[9-16] Walk fwd R/L, R side rock/recover on L, R forward, L fwd rock/recover on R, ¼ L toe/heel strut

- 1-2 Step R forward, step L forward
- &3-4 Rock R side, recover weight on L, step R forward
- 5-6 Rock L forward, recover weight on R
- 7-8 Turning ¼ left touch L toes side, step L heel down (3 o'clock)

[17-24] Weave L 2, R sailor kick, R ball cross, ½ L hinge turn, R flick with an ole!

- 1-2 Cross step R over L, step L side
- 3&4 Cross step R behind L, step L side, kick R
- &5-6 Step R back, cross step L over R, turning ¼ left step R back (12 o'clock)
- 7-8 Turning ¼ left step L side (9 o'clock), flick R behind L (Ole!)

[25-32] Walk fwd R/L, R side rock/recover on L, R forward, L fwd rock/recover on R, ¼ L toe/heel strut

- 1-2 Step R forward, step L forward
- &3-4 Rock R side, recover weight on L, step R forward
- 5-6 Rock L forward, recover weight on R
- 7-8 Turning ¼ left touch L toes side, step L heel down (6 o'clock)

[33-40] R cross step, L side rock/recover, L cross step, R side rock/recover, R forward rock/recover

- 1-3 Cross step R over L, rock L side, recover weight on R
- 5-6 Cross step L over R, rock R side, recover weight on L
- 7-8 Rock R forward, recover weight on L

[41-48] 2 x ½ right turn shuffles back, walk back R/L, R back (&), L fwd kick (count 7), L in place, R ole flick (count 8)

- 1&2 Turning ½ right step R forward, step L together, step R forward
- 3&4 Turning ½ right step L back, step R together, step L back (6 o'clock)
Non – turning option 1-4: R & L shuffles back
- 5-6 Step R back, step L back
- &7-8 Step R back, kick L forward, step L down & flick R back (ole!)

WALL 2 RESTART: During wall 2 dance first 48 counts and restart dance facing front wall

[49-56] Walk fwd R/L, R kick ball step, R fwd, ¼ L pivot turn, R fwd, ¼ L pivot turn

- 1-2 Step R forward, step L forward
- 3&4 Kick R forward, step R back, step L forward
- 5-8 Step R forward, pivot ¼ left, step R forward, pivot ¼ left (12 o'clock)

[57-64] R jazz box with step fwd, R fwd, L fwd, ½ R pivot turn, L fwd (chase turn)

- 1-4 Cross step R over L, step L back, step R side, step L forward

