

Please

拍數: 32 牆數: 2 級數: Advanced
編舞者: Esmeralda van de Pol (NL) - April 2025
音樂: Please - Charly Luske : (Spotify)



(other version is the tag in wall 8 not right)

Intro: 4 counts

FULL TURN LEFT, BACK, COASTER CROSS, POINT, HITCH ½ TURN L, BALL POINT, CROSS SIDE, 1/8 TURN R STEP BACK, STEP BACK

1-2a3 Step RF fwd, ½ turn L-weight on LF, ½ turn L-step RF back, Step LF back
4&a5 Step RF back, Step LF next to RF, Cross RF over LF, Point LF to L side
6a7 Hitch LF while you make a ½ turn L on RF, Step LF next to RF, Point RF to R side 06.00
87a1 Cross RF over LF, Step LF to L side, 1/8 turn R-step RF back, Step LF back 07.30

¼ TURN R, ½ TURN R, ROCK BACK, ¾ TURN L, CROSS ROCK, 3/8 TURN R, PIVOT ½ TURN, PIVOT ¼ turn R

2a3 ¼ turn R-step RF fwd, ½ turn r-Step LF back, Rock RF back 04.30
4&a5 Recover weight on LF, ¼ turn L-Step RF back, ½ Rock RF fwd 07.30
6a7a Recover weight on LF, 3/8 Turn R-step RF fwd, Step LF fwd, ½ turn R-weight on RF 06.00
8a Step LF fwd, ¼ turn R-weight on RF 09.00

CROSS ROCK, SIDE, CROSS SWEEP, JAZZBOX, FWD COASTER STEP, COASTER STEP

1-2a3 Rock LF across RF, Recover weight on RF, Step LF to L side, Cross RF over LF sweep LF fwd
4&a5 Cross LF over RF, Step RF back, Step LF to L side, Step RF fwd
6a7 Step LF fwd, Step RF next to LF, Step LF back,
8&a Step RF back, Step LF next to RF, Step RF fwd

PIVOT ½ TURN R, ¼ TURN R, TOGETHER, CROSS, SIDE TOGETHER, SHUFFLE 1/8 TURN R, SHUFFLE FWD

1-2a3 Step LF fwd, ½ turn R-weight on RF, ¼ turn R-step LF to L side, Step RF next to LF-body in R diagonal 07.30
4a5 Cross RF over LF, Step LF to L side, Step RF next to LF- body in L diagonal 04.30
6a7 Step RF fwd, Step LF next to RF, 1/8 turn R-Step RF fwd-drag LF next to RF 06.00
87a Step LF fwd, Step RF next to LF, Step LF fwd

TAG -RESTART 1: In wall 2 after 16 counts (you will be facing 09.00 start the dance again 12.00)

CROSS ROCK, RECOVER, 3/8 TURN L

1-2a Rock LF across RF, Recover weight on RF, 3/8 turn L-step LF fwd

TAG -RESTART 2: In wall 5 after 16 counts (you will be facing 03.00 start the dance again 06.00)

CROSS ROCK, RECOVER, 3/8 TURN L, WALK FWD R&L

1-2a Rock LF across RF, Recover weight on RF, 3/8 turn L-step LF fwd
3-4 Walk R&L

TAG -RESTART 3: In wall 8 after 16 counts (you will be facing 09.00 start the dance again 12.00)

CROSS ROCK, RECOVER, 3/8 TURN L, WALK FWD R&L, ROCK FWD, REC, WALK BACK, ROCK BACK, WALK FWD

1-2a Rock LF across RF, Recover weight on RF, 3/8 turn L-step LF fwd
3-4 Walk R&L
5-6 A7 Rock RF fwd, Recover weight on LF, Step RF back, Step LF back

8 Rock RF back
1-2a Recover weight on LF, Step RF fwd, Step LF fwd

ENJOY!

Dance With Esmeralda

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