

Descorazonada

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Imam Wahyudi (INA) - May 2025
音樂: Si No Está Usted - Natalia Jiménez



Start on vocals, Intro: 32 counts

No tag, 2x restart on wall 3 after 20 counts facing (3.00) & wall 6 after 20 counts facing (6.00)

SEC.I - WEAVE, SWEEP, CROSS BEHIND, STEP SIDE 1/2 TURN LEFT, HOLD

- 1- Cross LF over RF
- 2- Step RF to Right side
- 3- Cross LF behind RF
- 4- While sweeping RF from front to back
- 5- Cross RF behind LF
- 6- Step 1/4 turn Left stepping LF fwd
- 7- Turn 1/4 Left step RF to Right side
- 8- Hold

SEC.II - LEFT HIP SWAYS, HOLD, RIGHT HIP SWAYS, HOLD

- 1- Sway hips Left
- 2- Sway hips Right
- 3- Take big step LF to Left side (weight on LF)
- 4- Hold with RF drag
- 5- Sway hips Right
- 6- Sway hips Left
- 7- Take big step RF to Right side (weight on RF)
- 8- Hold with LF drag

SEC.III - CROSS BEHIND, RECOVER, STEP BACK 1/4 TURN RIGHT, STEP SIDE, WEAVE, SWEEP

- 1- Cross LF behind RF
- 2- Recover on RF
- 3- Step back 1/4 turn Right stepping LF back
- 4- Step RF to Right side
- 5- Cross LF over RF
- 6- Step RF to Right side
- 7- Cross LF behind RF
- 8- While sweeping RF from front to back

SEC.IV - CROSS BEHIND, STEP WALK 1/4 TURN LEFT, HOLD, FULL TURN RIGHT (ROLLING FWD) STEP FWD, HOLD

- 1- Cross RF behind LF
- 2- Step 1/4 turn Left stepping LF fwd
- 3- Step RF fwd
- 4- Hold
- 5- Make a 1/2 turn Right stepping LF back
- 6- Make a 1/2 turn Right stepping RF fwd
- 7- Step LF fwd
- 8- Hold

SEC.V - PIVOT 1/4 TURN LEFT, CROSS HOLD, 1/2 TURN RIGHT, CROSS HOLD

- 1- Step RF fwd
- 2- Pivot 1/4 turn Left

- 3- Cross RF over LF
- 4- Hold
- 5- Step back 1/4 turn Right stepping LF back
- 6- Turn 1/4 Right step RF to Right side
- 7- Cross LF over RF
- 8- Hold

SEC.VI - MODIFIED RUMBA BOX, STEP FWD, HOLD

- 1- Step RF to Right side
- 2- Close LF beside RF
- 3- Step RF back
- 4- Continue step LF to Left side
- 5- Close RF beside LF
- 6- Step LF fwd
- 7- Step RF fwd
- 8- Hold

SEC.VII - SLOW LEFT SIDE MAMBO, HOLD, SLOW RIGHT SIDE MAMBO, HGOLD

- 1- Step LF to Left side
- 2- Recover on RF
- 3- Close LF beside RF (weight on LF)
- 4- Hold
- 5- Step RF to Right side
- 6- Recover on LF
- 7- Close RF beside LF (weight on RF)
- 8- Hold

SEC.VIII - PIVOT 1/2 TURN RIGHT, STEP FWD, HOLD, PIVOT 1/2 TURN LEFT, STEP FWD, HOLD

- 1- Step LF fwd
- 2- Pivot 1/2 turn Right
- 3- Step LF fwd
- 4- Hold
- 5- Step RF fwd
- 6- Pivot 1/2 turn Left
- 7- Step RF fwd
- 8- Hold with while sweeping LF from back to front

Begin again, Enjoy & have fun!

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