Alright With Me

拍數: 32

級數: Intermediate

編舞者: Pamela Lashley (BRB) - May 2025

音樂: Alright - Janet Jackson

Intro – Four Steps forward, R L R L (Starting on alright with me)

1 &2, 3&4 5&6, 7&8	Kick R fwd., Replace next to L, Point L side, in, out, in Kick L fwd., Replace next to R, R heel in, toes in, hitch R
1,2, 3&4 5,6, 7&8	Cross R over L, L to side, R behind L, L to side, R over L Side rock to left, recover on R turning ¼ to right, L step out, R step out, L fwd.
1, &2,3,4 5&6,7,8	Kick R fwd., replace next to L, step L to left, twist R knee in (tapping R leg) $\frac{1}{4}$ to right shuffle fwd., Cross R over L make $\frac{1}{2}$ turn to left
1&2&3&4 5&6,7,8	Heels out, in, out, ball cross, tap R behind L twice Shuffle $\frac{1}{2}$ to right, sweep $\frac{1}{4}$ to right on L, closing L next to R

No Tags, No Restarts





牆數:4