Your Middle Name



拍數: 128 牆數: 2 級數: Phrased Advanced

編舞者: Krista Young (USA) - May 2025

音樂: Troublemaker (feat. Flo Rida) - Olly Murs



**Don't be intimidated by the "128 counts." Phrase C is essentially only 8 new counts repeated 3 times, then the final 24 counts of Phrase A!

Intro: 16 counts, start at 0:10 with lyrics

Phrasing: A B A BB C BB

Phrase A (48 counts)

Section 1 [Counts 1-8] Cross Step, Side Step, Hitch, Slide, 1/4 Sailor, Scuff Pivot

Cross RF in front of LF, step LF to L 1-2

3-4 Hitch R leg, big step RF to R while sliding LF towards RF

5&6 Turn 1/2 to L while stepping LF behind RF, step RF slightly out, 1/2 turn L while stepping LF

slightly out (9:00)

&7-8 Scuff R heel fwd, step RF fwd while beginning ½ pivot L, finish ½ pivot L keeping weight in

RF (3:00)

Section 2 [Counts 9-16] Shuffle Step, 1/4 Traveling Kicks, Kick Ball Tap, 3/4 Unwind

1&2 Step LF fwd, step RF together, step LF fwd

&3&4 Hitch R knee, ¼ turn L while kicking RF to R and shifting L heel to R (12:00), hitch R knee

while shifting L toe to R, kick RF to R while shifting L heel to R

&5&6 Hitch R knee while shifting L toe to R, kick RF to R while shifting L heel to R, step RF to R,

tap LF behind RF

7-8 Unwind 3/4 to L, shift weight to LF (3:00)

Section 3 [Counts 17-24] Rock-Recover, Weave, 1/2 Step Hitch x2, Slide

Step RF to R, recover onto LF 1&

Cross RF in front of LF, step LF to L, step RF behind LF, step LF to L, cross RF in front of LF 2&3&4 5&6&

Turn 1/8 to L while stepping LF to L, hitch R knee, turn 1/8 to L while stepping RF to R, hitch L

knee (12:00)

7-8 Big step LF to L while sliding RF towards LF

Section 4 [Counts 25-32] 1/4 Sailor, Mambo Step, Toe Strut x2

1&2 Step RF behind LF, 1/8 turn L while stepping LF slightly out, 1/8 turn L while stepping RF

slightly out (9:00)

Step LF back, recover onto RF, step LF fwd 3&4

5-6 Tap R toe fwd, step RF fwd 7-8 Tap L toe fwd, step LF fwd

Section 5 [Counts 33-40] Kick Ball Step, Heel Bounce x2, Old Man x2

1&2 Kick RF fwd, step RF next to LF, step LF fwd

&3&4 Turn ¼ to R while lifting both heels and bending knees (12:00), shift both heels to L while

straightening legs, lift both heels while bending knees, shift both heels to R while

straightening legs

7&8

Rock pelvis back to R while bending both knees, step RF next to LF while rocking pelvis fwd 5&6&

> to L, step LF to L while straightening legs and rocking pelvis back to R, rock pelvis fwd to L Rock pelvis back to R while bending both knees, step RF next to LF while rocking pelvis fwd

to L, step LF to L while straightening legs and rocking pelvis back to R

Section 6 [Counts 41-48] Heel Toe Swivels, Modified V Step, Syncopated Heel Grind

Swivel R heel to L while bending both knees, swivel R toe to L while straightening both legs 1-2

3-4	Swivel R heel to L while bending both knees, ¼ turn L while collecting feet and straightening	
E 9 G 9	both legs (9:00)	
5&6&	Step LF diagonally out to L on heel, step RF diagonally out to R on heel, step LF back to center, step RF fwd	
7&8&	Hold, step L heel fwd, ¼ turn L while grinding L heel and stepping down on RF, step LF to L	
	(6:00)	
Phrase B (32 d	counts)	
Section 1 [Cou	ints 1-8] Cross Step, ¼ Rock-Recover, Rocking Chair, Step Twists, Kick Step	
1-2&	Cross RF in front of LF, step LF to L, ¼ turn R while recovering onto RF (3:00)	
3&4&	Step LF fwd, recover onto RF, step LF back, recover onto RF	
5-6-7	Step LF fwd, twist body to look back (9:00), recover body to face fwd (3:00)	
&8&	Kick LF fwd, step LF back while pushing chest fwd, bring shoulders back while rocking pelvis	
	fwd (prep for Old Man)	
Section 2 [Cou	ınts 9-16] Old Man, Flick, Cross, ⅓ Unwind, Run x3 (½), ¼ Sweep, ¼ Sailor	
1&2&	Turn ¼ L while rocking pelvis back to L and bending both knees (12:00), step LF next to RF	
	while rocking pelvis fwd to R, step RF to R while straightening legs, shift weight to RF while flicking LF behind	
3-4	Cross LF in front of RF, ¼ unwind R shifting weight to RF (10:30)	
5&6	Complete a ½ turn L while running 3 times LF, RF, LF (4:30)	
&7	Step down onto RF while sweeping LF front to back, continue sweep while turning 1/4 over L	
	shoulder (1:30)	
&8&	Step LF behind RF, 1/2 turn L while stepping RF slightly out, 1/2 turn L while stepping LF slightly out (10:30)	
Section 3 [Cou	ints 17-24] Rock-Recover Kick Cross x2, Moonwalk x3, Body Roll into ½ Hip Roll	
1&2&	Step RF to R, recover onto LF, kick RF fwd, cross RF in front of LF	
3&4&	Step LF to L, recover onto RF, kick LF fwd, cross LF in front of RF	
5-6-7	Three moonwalks or steps back RF, LF, RF	
&8&	Place LF back starting body roll from upper body, finish body roll through lower body shifting	
	weight to LF, continue into hip roll from L back around to R while completing ½ turn L and shifting weight to RF (4:30)	
Section 4 [Cou	ints 25-32] Step Lock, Syncopated Camel Walks, Hip Pops, Slide	
1-2	Step LF fwd, lock RF behind LF	
3-4&	Turn 1/2 to R while hopping onto LF and popping R toe next to LF (6:00), hop fwd onto RF	
	while popping L toe next to RF, hop fwd onto LF while popping R toe next to LF	
5-6-7	Step RF to R popping hips to R (hands over heart), pop hips to L (hands over face/head),	
	pop hips to R (throw hands down)	
8	Big step LF to L while sliding RF towards LF	
Phrase C (48 d	counts)	
_	ints 1-8] Cross Step, Side Step, Tap Unwind, Cross Rock-Recover, ¼ Shuffle Step	
1-2	Cross RF in front of LF, step LF to L	
3-4	Tap RF behind LF, unwind ½ turn R shifting weight to RF (6:00)	
5-6	Cross LF in front of RF, recover onto RF	
7&8	Step LF to L, step RF together, ¼ turn L stepping LF fwd (3:00)	
Section 2 [Counts 9-16] SAME AS SECTION 1		
1-2	Cross RF in front of LF, step LF to L	
3-4	Tap RF behind LF, unwind ½ turn R shifting weight to RF (9:00)	
5-6	Cross LF in front of RF, recover onto RF	
7&8	Step LF to L, step RF together, ¼ turn L stepping LF fwd (6:00)	

Section 3 [Counts 17-24] SECTION 1 WITHOUT FINAL 1/4 TURN

Section 4 [Counts 25-32] SAME AS PHRASE A SECTION 4			
1&2	Step RF behind LF, 1/8 turn L while stepping LF slightly out, 1/8 turn L while stepping RF slightly out (9:00)		
3&4	Step LF back, recover onto RF, step LF fwd		
5-6	Tap R toe fwd, step RF fwd		
7-8	Tap L toe fwd, step LF fwd		
Section 5 [Counts 33-40] SAME AS PHRASE A SECTION 5			

Tap RF behind LF, unwind ½ turn R shifting weight to RF (12:00)

Cross RF in front of LF, step LF to L

Cross LF in front of RF, recover onto RF

Step LF to L, step RF together, step LF to L

Occilon 5 [Occilità 55-40] Octività Ao i Trivactà A Octo Hori 5		
1&2	Kick RF fwd, step RF next to LF, step LF fwd	
&3&4	Turn ¼ to R while lifting both heels and bending knees (12:00), shift both heels to L while straightening legs, lift both heels while bending knees, shift both heels to R while straightening legs	
5&6&	Rock pelvis back to R while bending both knees, step RF next to LF while rocking pelvis fwd to L, step LF to L while straightening legs and rocking pelvis back to R, rock pelvis fwd to L	
7&8	Rock pelvis back to R while bending both knees, step RF next to LF while rocking pelvis fwd to L, step LF to L while straightening legs and rocking pelvis back to R	

Section 6 [Counts 41-48] SAME AS PHRASE A SECTION 6

Coolion o Local	10 41 40] 0/11/12 /10 / 11/10 /02 / 10/10 /
1-2	Swivel R heel to L while bending both knees, swivel R toe to L while straightening both legs
3-4	Swivel R heel to L while bending both knees, $\frac{1}{4}$ turn L while collecting feet and straightening both legs (9:00)
5&6&	Step LF diagonally out to L on heel, step RF diagonally out to R on heel, step LF back to center, step RF fwd
7&8&	Hold, step L heel fwd, ¼ turn L while grinding L heel and stepping down on RF, step LF to L (6:00)

Choreography and step sheet created by Krista Young. Contact kristayoung.dance@gmail.com with any questions!

Last Update: 15 May 2025

1-2

3-4

5-6

7&8