Loving My Cares Away

拍數: 32

級數: High Improver

編舞者: Felicia Harris Jones (USA) - May 2025

音樂: At The End Of The Day (feat. Anthony Uy) - Music Travel Love

Intro: 16 counts*1 Restart. 1 Tag.Restart: 3rd Rotation after 16 counts.Tag: 6th Rotation after 32 counts.Sec 1. Side. Together. Crossing Shuffle. Side. Behind. Shuffle ¼ turn1 2Step R to R side. Close L together.3&4Cross R over L. Step L next to R. Cross R over L.

- 5 6 Step L to L side. Step R behind L.
- 7&8 Step L to L side, Step R together, Turn ¼ L stepping L fwd (9:00)

Sec. 2 Pivot 1/2. Shuffle 1/2 turn. 1/4 turn. Together. Crossing Shuffle.

- 1 2 Step R fwd. Pivot ¹/₂ turn over L (weight on L) (3:00)
- 3&4 Continue to make another ¹/₂ turn over L- Step R back, Step L next to R, Step R back (9:00)
- 5 6 Continue to make another ¼ over L- Step L to L side, Close R next to L. (6:00)
- 7&8 Cross L over R, Step R to R side, Cross L over R.

*Restart here during 3rd Rotation. Facing 12:00

Sec. 3 Side Rock Recover. Behind Side Cross. Side Rock Recover. Sailor 1/4 turn

- 1 2 Sway/Press R to R side. Recover to L.
- 3&4 Step R behind L, Step L to L side. Step R across L.
- 5 6 Sway/Press L to L side. Recover to R.
- 7&8 Turn ¼ L as you cross L behind R, Step R together, Step L next to R. (3:00)

Sec. 4 Fwd Rock Recover. Shuffle ½ Turn. Back Shuffle ½ Turn. Back Rock Recover.

- 1 2 Rock R fwd. Recover to L.
- 3&4 Make ¹/₂ turn R as you shuffle- ¹/₄ Step r to r side, Step L together, ¹/₄ turn Step R fwd (9:00)
- 5&6 Continue to make another ½ turn R- ¼ Step L to side, Step R together, ¼ Step L back (3:00)
- 7 8 Rock R back, Recover to L.

Tag: 4 counts

Finish 32 counts of 6th rotation and add -

- 1 2 Rock R to R side, Recover to L.
- 3 4 Rock R back, Recover to L.

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