

# Get Yourself To Tully

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver / Easy Intermediate  
編舞者: Paul McQueen (AUS) - 16 May 2025  
音樂: Get Yourself to Tully - Colin Buchanan



**Original Position: Feet Together Weight On Left Foot**

**Steps: This Dance Is Done In Four Directions. The Introduction Is 16 Counts.**

## **Forward "V" Step, Reverse "V" Step**

1, 2      "V" Step: Step R Forward At 45o Right, Step L Forward At 45o Left,  
3, 4      Step R Back To The Centre, Step L Together,  
5, 6      "V" Step Backward: Step R Backward - 45o Right, Step L Backward - 45o Left,  
7, 8      Step R Forward To The Centre, Step L Together.

## **Cross Rock, Side Shuffle ¼ Right, Shuffle Forward, Touch L Toe Behind R**

1, 2      Cross Rock R Over L, Recover On L, (12.00)  
3 & 4      Side Shuffle: R-L-R ¼ Turn Right, (3.00)  
5 & 6      Shuffle Forward: L-R-L,  
7, 8      Step R Forward, Touch L Toe Behind R. (3.00)

## **Back, Lock, Back-Lock-Back, Back, Lock, Back-Lock-Back**

1, 2      Step L Backward, Cross R Over L,  
3 & 4      Lock Step Diagonally Backward: L-R-L,  
5, 6      Step R Backward, Cross L Over R,  
7 & 8      Lock Step Diagonally Backward: R-L-R. (3.00)

## **Vine Left & Touch, Touch Hitch, Touch Hitch**

1, 2      Step L To The Left Side, Step R Behind L,  
3, 4      Step L To The Left Side, Touch R Toe Together,  
5, 6      Touch R Toe To The Right Side, Hitch R Knee Across In Front Of Body,  
7, 8      Touch R Toe To The Right Side, Hitch R Knee Across In Front Of Body. (3.00)

**(Styling: Slap Left Hand Across R Knee)**

**[32] Repeat The Dance In The New Direction**

**Ending Sequence Complete The First 8 Counts, Turning ¼ Right To Finish With A Pose. (12.00)**

## **\*\*\*3 Tags Tags:**

### **T1: At The End Of Wall 1 Add The Following:**

1, 2      Rocking Chair: Step R Forward, Rock Back Onto L,  
3, 4      Step R Back, Rock Forward Onto L.

### **T2: At The End Of Wall 4 Add The Following:**

1, 2      Jazz Box: Step R Across In Front Of L, Step L Back,  
3, 4      Step R To The Side, Step L In Front Of R.

### **T3: At The End Of Wall 7 Add The Following:**

1, 2      Side Touches: Step R To The Right Side, Touch L Next To R,  
3, 4      Step L To The Left Side, Touch R Next To L.

**Restart: On Wall 3 - Dance To Count 8 And Restart The Dance**

**This Choreography Is For Teaching Purposes Only. All Music Rights Remain With The Artist.**

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