They Talkin Bout Me

級數: Beginner

拍數: 32 編舞者: Mary Houska (USA) - May 2025 音樂: They Talkin Bout Me - M.Cally

Intro: 32 count	
First 8 count - Cha Cha forward, Rock Step, Cha Cha back Rock Step (Basic Cha Cha Cha)	
1&2	Step R forward – Lock L behind R – Step R forward
3-4	Step L forward – Recover to R back
5&6	Step L back – Lock R over L – Step L back
7-8	Step R back – Recover to L
Second 8 count - R Hitch, Step R, Slide L, Cross L over R, R steps behind, L steps back, R crosses L, L steps L, R slides next to L	
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& -1	Right Knee hitch then step wide to Right
2-3	Draw L to the right over 2 counts, step L over R on count 3
4-6	Step R back, Step L to left, Cross R over L
7-8	Step L to wide Left, Draw R to L
Third 8 count - ¼ Turn Left, Shuffle R, Rock Step, Shuffle L, Rock Step	
1&2	Take a ¼ turn left, shuffle to the right. (R to the right, L steps next to R, R to the right)
3&4	Step left behind, rock, recover weight to right
5&6	Shuffle to the left (L to the left, R steps next to L, L steps L)
7&8	Step right behind, rock, recover weight to left
Fourth 8 count - Half turn left, Half turn left, Sway, Sway	
1&2	R foot steps forward. Make a half turn over L shoulder placing weight on L

- R foot steps forward, Make a half turn over L shoulder placing weight on L 1&2
- 3&4 R foot steps forward, Make a half turn over L shoulder placing weight on L
- 5&6 Take a ¼ turn left, R foot to R, Sway hips Right, Left
- 7&8 Take ¼ turn R, R foot to R, Sway hips Right then Left

Dance starts over, no restarts or tags





牆數:4