

Bie Rang Ai Diao Luo (别让爱凋落)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Shirley Bang (MY) & Penny Tan (MY) - May 2025
音樂: Bie Rang Ai Diao Luo (别让爱凋落) - Lu Run Ze (卢润泽)



Intro (16C) - 2 Tags / No Restarts

Tag (4C) after W1 (6:00) & W4 (12:00)

*Tag (4C) – V Step

1-4 Step RF out diagonally fwd , step LF out diagonally fwd , step RF back to center , step LF next to RF

SEC1:SIDE , RECOVER , CROSS SHUFFLE (R-L)

1-2 Rock RF to R side , recover on L
3&4 Cross RF over LF , step LF to L , cross RF over LF
5-6 Rock LF to L side , recover on R
7&8 Cross LF over RF , step RF to R , cross LF over RF

SEC2: SYNCOPATED ROCKING CHAIR , SIDE TOUCH (R-L)

1&2& Rock RF fwd (1) , recover on L (&) , step RF back (2) , recover on L (&)
3&4& Rock RF fwd (3) , recover on L (&) , step RF back (4) , recover on L (&)
5-6 Step RF to R with roll hips from L to R , touch LF a bit diagonally L with hips bump
7-8 Step LF to L with roll hips from R to L , touch RF diagonally R with hips bump

SEC3: BOTA FOGO , ¼ TURN L BOTA FOGO , MAMBO STEPS

1&2 Cross RF over LF , step LF to L side , step RF on R
3&4 ¼ turn L , cross LF over RF , step RF to R , step LF on L (9:00)
5&6 Step RF fwd ,recover on L ,step RF back
7&8 Step LF back,recover on R ,step LF fwd

*Note:SEC4:Repeat Sec3 (W2 will be facing 6:00)

SEC3: BOTA FOGO , ¼ TURN L BOTA FOGO , MAMBO STEPS

1&2 Cross RF over LF , step LF to L side , step RF on R
3&4 ¼ turn L , cross LF over RF , step RF to R , step LF on L (6:00)
5&6 Step RF fwd ,recover on L ,step RF back
7&8 Step LF back,recover on R ,step LF fwd

Have fun and happy dancing!