

Head Over Feet, Easy

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2
編舞者: Runa (DK) - May 2025
音樂: Maybe - Guy Sebastian

級數: High Beginner



Intro: 32 count (approx. 16 seconds) on lyrics

S1. Rocking-chair, fwd shuffle, rock, recover

- 1-2 Rock fwd on R, recover on L
- 3-4 Rock back on R, recover on L
- 5&6 Step fwd on R, step L beside R, step fwd on R
- 7-8 Rock fwd on L, recover on R

S2. (Toe-strut back) x 2 (L+R), back-rock, recover, fwd shuffle

- 1-2 Touch L toes back, drop L heel
- 3-4 Touch R toes back, drop R heel
- 5-6 Rock back on L, recover on R
- 7&8 Step fwd on L, step R beside L, step fwd on L

S3. Paddle-turn x 2, jazz-box ¼ turn R with cross

- 1-2 Step fwd on R, make a ¼ turn L taking weight on L (9:00)
- 3-4 Step fwd on R, make a ¼ turn L taking weight on L (6:00)
- 5-6 Cross R over L, step back on L
- 7-8 Step R to R side ¼ turn R, cross L over R (9:00)

S4. Side, hold, ball-step, side, touch, side, behind, ¼ turn L, scuff

- 1-2& Step R to R side, hold, step L beside R
 - 3-4 Step R to R side, touch L beside R
 - 5-6 Step L to L side, cross R behind L
 - 7-8 Step L to L side ¼ turn L, scuff R fwd (6:00)
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