Mr Big Stuff



拍數: 32 牆數: 4 級數: Improver

編舞者: Chris Jackson (UK) - May 2025

音樂: Mr. Big Stuff - Jean Knight: (amazon)



#16-count intro.

Dance starts with weight on left and facing right diagonal. No tags or restarts.

SECTION 1 [1-8] PRESS, FLICK, BEHIND-TURN-CROSS, QUARTER, SIDE, SHUFFLE LEFT

1,2,3&4 Facing right diagonal, press right toe forward, recover and flick right forward, right behind left,

make a 1/8 turn left (12.0) as you step left to left side, cross right over left

5,6,7&8 Make a quarter turn right stepping back on left (3.0), step right to right side, shuffle forward

L/R/L

SECTION 2 [9-16] PRESS, FLICK, COASTER STEP, LEFT-LOCK-STEP, RIGHT-LOCK-STEP, STEP

1,2,3&4 Press right toe forward, recover and flick right forward, step back on right, left next to right,

forward right

5&6&7&8 Forward left, lock right behind left, forward left, forward right, lock left behind right, forward

right, step forward left

SECTION 3 [17-24] TOE-HEEL-CROSS & HEEL AND CROSS, QUARTER, QUARTER, CROSS SHUFFLE

1&2&3&4 Touch right toe next to left, touch right heel next to left, cross right over left, make a small

step back on left and touch right heel forward, right next to left, cross left over right

5,6,7&8 Make a quarter turn to your left stepping back on your right (12.0), make a quarter turn to

your left and step left to left side (9.0), cross right over left, left to left, cross right over left

SECTION 4 [25-32] SIDE ROCK AND SIDE ROCK, SAILOR TURN, STEP-TURN-CROSS

1,2&3,4 Rock left to left side, recover on right, left next to right (&), rock right to right side, recover on

left

5&6,7&8 Make a guarter turn right stepping back on right (12.0), step left out to left side, step right out

to right side, forward left, pivot a quarter turn right keeping weight on right (3.0), cross left

over right

START AGAIN FACING RIGHT DIAGONAL

ENDING: On Wall 8, which begins facing (9.0), dance up to Step 8 (facing front), point right to right side and pose!