

It Works

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: Julie Rhoades (UK) - May 2025
音樂: Me & You - Ella Henderson

級數: Improver / Easy Intermediate



Restarts: x 3

*1st during wall 3 after section 2 (facing 9 o' clock)

*2nd during wall 6 after section 2 (facing 6 o' clock)

*3rd during wall 8 after section 2 (facing 12 o' clock)

Section 1 - R rock, R coaster, L shuffle fwd, L kick ball change

1-2 Rock RF fwd, recover to LF
3&4 Step RF back, step LF together, step RF fwd
5&6 Step LF fwd, step RF beside RF, step LF fwd
7&8 Kick RF slightly fwd, step down on ball of RF, step LF in place

Section 2 - R sailor, L sailor ¼ turn, out, out, in, in, bounce heels twice

1&2 Step slightly behind on RF, step LF to L side, step RF to R side
3&4 Step slightly behind on LF, turn ¼ to L stepping RF to R side, step LF to L side
&5&6 Step out RF to R side, step out LF to L side, step RF in, step LF in (bringing feet together)
7-8 Bounce both heels twice

Section 3 - Syncopated side rocks, side rock, ¼ jazz box L

1-2& Rock RF to R side, recover weight to LF, close RF to LF
3-4 Rock LF to L side, recover weight to RF
5-6 Step LF fwd slightly across, step RF back
7-8 Step LF to L side turning ¼ to L, close RF next to LF.

Section 4 - ¼ chasse turn to L, ½ pivot turn, samba step, cross point

1&2 Step LF to L side, close RF to LF, step LF fwd turning ¼ L
3-4 Step RF fwd, pivot turn ½ to L (weight ends on LF)
5&6 Cross RF over LF, rock LF to LS on ball of foot, recover weight to RF
7-8 Cross LF over RF, point RF to RS