

Mama

COPPER **NOB**
STEPMATS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Kartika Dewiana (INA) - May 2025
音樂: Mama (feat. William Singe) - Jonas Blue



SECTION 1 : STEP SIDE - SIDE CHASSE - FORWARD ROCK - COASTER STEP

1 - 2 Step R to side - Close L together
3 & 4 Step R to side - Close L together - Step R to side
5 - 6 Rock L forward - Recover on R
7&8 Step L back - Close R together - Step L forward (12:00)

SECTION 2 : STEP SIDE - GRAPEVINE - SIDE ROCK -TURN 1/4 - COASTER STEP

1 - 2 Cross R over L - Step L to side
3 & 4 Cross R behind L - Step L to side - Cross R over L
5 - 6 Rock L to side - Turn 1/4 to left recover on R (9:00)
7 & 8 Step L back - Close R together - Step L forward (9:00)

SECTION 3 : DIAGONAL FORWARD LOCK SHUFFLE R/L

1 - 2 Step R diagonally forward - Lock L behind R
3 & 4 Step R diagonally forward - Lock L behind R - Step R diagonally forward
5 - 6 Step L diagonally forward - Lock R behind L
7 & 8 Step L diagonally forward - Lock R behind L - Step L diagonally forward (9:00)

SECTION 4 : PIVOT 1/2 - KICK BALL STEP FORWARD -WALK - HEEL TOUCH - TOE TOUCH

1 - 2 Step R forward - Turn 1/2 (pivot) to left (3:00)
3 & 4 Kick R - Step R forward - Step L forward
5 - 6 Step R forward - Step L forward
7 - 8 Touch R heel - Touch R toe (3:00)

Thankyou and Happy Dancing !
For more info please kindly contact me
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