

Fall From Grace

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Sandy Kerrigan (AUS) - May 2025
音樂: Just Be (Acoustic Version) - Paloma Faith : (iTunes)



Dance Info: Dance starts wt on Right-Dance starts on lyrics. BPM [112:95]-Track 4:37

Note Below: There are two tags-During Wall 4-During Wall 7-2 Restarts

Basic L Waltz Fwd, Step Back, ½ Fwd, ¼ Step Side 3:00

1 2 3 Step Fwd L, Step R next to L, Step L next to R
4 5 6 Step Back on R, ½ L-Step Fwd L, ¼ L-Step R to R Side

L Sailor, Cross R over L, Sweep L around Fwd 3:00

1 2 3 Cross L Behind R Rock R to R Side, Rock L to L Side
4 5 6 Cross R over L, Sweep L around Fwd-2 count sweep

L Cross Twinkle, Cross, ¼ R Back, 3/8th Turn R (facing front L 45°) Step Fwd R

1 2 3 Cross L over R, Rock R to R Side, Rock L to L Side
4 5 6 Cross R over L, ¼ R-Step Back L, 3/8th R-Step Fwd R to face front L45°

Rock Fwd L, Replace, Step Back L, Step Back R, Drag L to meet R-Facing front L45°

1 2 3 Rock Fwd L, Replace Back to R, Step Back L
4 5 6 Step Back R, Drag L Back to R-2 cnt Drag-wt on R: Ending: Drag L Back to face 12:00

Diamond Fall Away Left to 6:00

1 2 3 Step Fwd L, 1/8th L-Step R to R Side 9:00, 1/8th L-Step Back L
4 5 6 Step Back R, 1/8th L-Step L to L 6:00, Step Fwd R** During Wall 7: Add tag here

Fwd ¼ Pivot Turn R, Cross L over R, ¼ L-Step Back, Step Back, ¼ R-Step R to R 9:00

1 2 3 Step Fwd L, ¼ Pivot Turn R, Cross L over R*During Wall 4: Add Tag Here
4 5 6 ¼ L-Step Back R 6:00, Step Back L, ¼ R-Step R to R Side

(4 5 6-Alternate Full Turn L- ¼ L-Step Back R, ½ L-Step Fwd, ¼ L-Step R to L (compact turn)

Push – Step L to L Side, Drag R to Meet L, Step R to R, Drag L towards R: 9:00

1 2 3 Push-Step L to L Side, Drag R to Meet L-2 count Drag
4 5 6 Step R to R Side, Drag L to towards R-2 count Drag

Behind, ¼ R Fwd 12:00, Lunge Fwd L, Push Back to R, ½ L-Fwd L, Step Fwd R 6:00

1 2 3 Cross L Behind R, ¼ R- Step Fwd R, Lunge Fwd onto L
4 5 6 Push Back onto R, ½ Turn L-Step Fwd L 6:00, Step Fwd R

[48]

Note: Tag-During Wall 4: Dance to *(cnt 33) Add the 6 count tag below to face 12:00

1 2 3 Step R to R, Drag L to meet R, ¼ L-As you Step L next to R 12:00
4 5 6 Step Fwd R, Drag L Fwd to R: Restart 12:00 on lyrics..Just Be

Tag During Wall 7: Dance to(cnt 30)**

Add the following 3 cnt tag-Restart 6:00

1 2 3 Drag L Fwd to R-Restart facing 6:00 Restart on lyrics..Just Be